

THE ARNISTON  
SPA HOTEL





## *A Place of Dreams*

Situated next to a quaint fishing village, bordered by pristine beaches and surrounded by several peaceful nature reserves – the 4-star Arniston Spa Hotel is the ideal place for a break from reality. What's more, it's but a lazy 2-hour drive from Cape Town.

Whether you want to spoil yourself with a pampering spa treatment, feast on the freshly prepared spoils of the sea or try your hand at something more strenuous, this luxurious hotel in the Overberg is the place for you.

★★★★ The Four-Star Arniston Spa Hotel

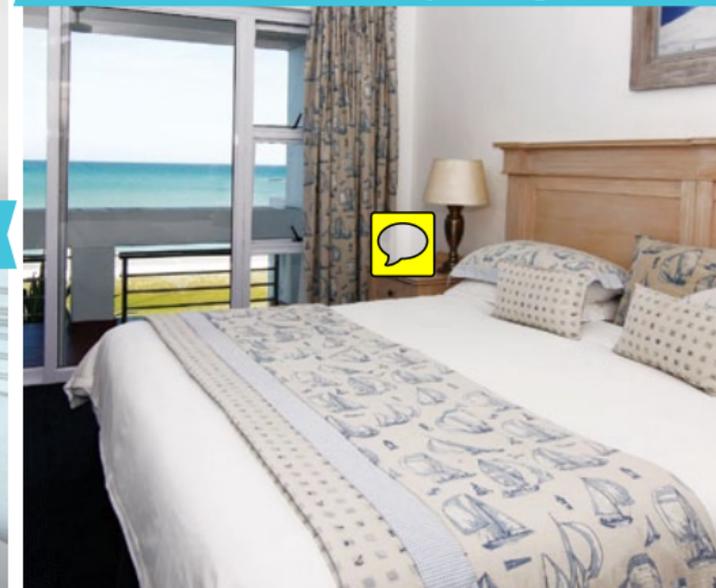




*Luxury Sea-facing Rooms*



*Ground Floor Sea-facing Rooms*



*Superior Sea-facing Rooms*

## *Accommodation*

The Arniston Spa Hotel offers you four exclusive room options – each with its own unique charm.

Will it be one of the larger Luxury Sea-facing or pool-facing rooms, which can also fit in an extra bed for children? Or perhaps an elegant Superior or Ground Floor Sea-facing room? Whatever your choice, all are en suite and elegantly furnished; with tea and coffee facilities, satellite television, access to wireless internet and a minibar that can be stocked on request. The hardest part of your trip will be deciding “a sea or a pool view?” ... Let us take care of the rest.

★ ★ ★ ★ The Four-Star Arniston Spa Hotel



*Pool-facing Rooms*





## *Ginkgo Spa*

An opportunity for total mind-and-body relaxation lies here amid the saunas, Rasul (Turkish steam chamber), soothing treatment rooms, and tranquillity lounge where the range of treatments and packages available at the Ginkgo Spa are offered.

Incorporating hands-on touch therapy principles, the highly qualified therapists offer an array of tailor-made treatments designed to calm and rejuvenate. Enjoy anything from a 30-minute massage or revitalising facial to a full-day Ginkgo Leaf Collection package. Bliss.

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## *Restaurant*

Dining at the Arniston Spa Hotel allows you to experience the magical union of an idyllic ocean-view setting and seafood so fresh you can almost hear the waves crashing when your plate arrives.

Whilst our mouth-watering breakfast buffet is served, our Chef visits the local fishing boats to choose an assortment of fresh sea fare to create a sumptuous menu blending old Cape Malay with modern fusion cuisine. Our delicious meals are complemented by an award-winning wine list featuring numerous local wines.



## *Facilities*

The Arniston Spa Hotel prides itself on first-class amenities. In addition to our luxuriously appointed accommodation and Ginkgo Spa, there is an à la carte restaurant with a picturesque sea view, a relaxed bistro and bar as well as a crystal-clear swimming pool and barbecue facilities. For those needing contact with the outside world, wireless internet is available. These facilities, combined with a stunning location, make this the perfect venue for any function – from a dream wedding to a first-rate corporate conference.

★ ★ ★ ★ The Four-Star Arniston Spa Hotel



## Activities

With a vast selection of things to do and see, not even the liveliest adventurer could complain of boredom. From beautiful beach walks, horse riding, mountain biking and golf, to deep-sea fishing and swimming; there is something nearby for all outdoor fanatics. The less energetic can languish by the pool or indulge in a spa treatment. May to November is the time for whale watching when the local bay is visited by these majestic giants. A short drive allows you to explore the southern-most tip of Africa – L'Agulhas and Struisbaai – as well as the quaint Bredasdorp.

★★★★ The Four-Star Arniston Spa Hotel



## Kids Play

The Arniston Spa Hotel is child-friendly and provides entertainment for all young personalities, in all weather. During peak season the conference room transforms into a playroom, with exciting supervised games and an enriching arts and crafts programme to foster your child's creativity. Throughout the year, equipment is available to channel their need for fun with toys, board games, volleyball, boogie boarding and mountain biking. For complete peace of mind, child-minding services can be organised in advance through reception.

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### GPS coordinates

34°40'02.22"S / 20°13'53.87"E

Telephone: 028 445 9000

Email: [info@arnistonhotel.com](mailto:info@arnistonhotel.com)

[www.arnistonhotel.com](http://www.arnistonhotel.com)

