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Rosemary with her black hat

Gansbaai legend taking her last bow

Gansbaai's well-known Rosemary (83), a true Gansbaai legend, has decided to retire for good. "At the age of 83, I don't see a chance to go on with the restaurant all over again," Rosemary of *Thyme at Rosemary* on Main Street, Gansbaai, told the Gans-Berg News. Her lease with Riaan Franken expired after about 3 years at the end of February 2025. "I will never sell my property and am now going to rent it out again," she said. "But I'll keep my 'cottage' where I'm going to stay and cook nice 'Boerekos' for myself, my mother wasn't a 'Boeremeisie' for nothing!" Rosemary says she's determined to stay there until she's "no longer with us". "A home for the elderly won't see me, that's a fact!" She recently sold all of her restaurant equipment. "I was looking for a good tenant who will continue with the restaurant and am grateful for the person I got," she said. "He is Jurgen Schneider of Bella Vista, an excellent German chef who plans to run it as an exceptional and prestige restaurant." Jurgen will officially take over on June 1, 2025.

During the interview with the Gans-Berg News, Rosemary sat calmly in her bed and talked, with her black hat on her head. She says she has always loved black hats. "I just still miss my little black Maltese poodle, which my husband named *Spider*," she says. "I gave him a French name, *Montessor*, which means *My Treasure* and he lived to be 19 years old.

As an outstanding businesswoman with no formal education, Rosemary initially started the current building as a first 'Backpackers' for Gansbaai and also used it as an office for her other initiatives.



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Rosemary with her staff.

In 2007, Rosemary started her restaurant, the famous *Thyme @ Rosemary Restaurant, Coffee Shoppe & Tea Garden*. She single-handedly built it up into a prestige restaurant with a Tea Garden - a feast for the eyes. She received many awards over the years. She said: "I've wanted to own my own restaurant all my life, but not for the money, only for the true love of it and to know I can do it and I think I did it well." She loves gardening and has also grown her own herbs and vegetables in containers that have been used fresh in the kitchen. At one point, she had 40 containers of herbs and vegetables. Her staff, who have become like



Rosemary's 7 granddaughters

family to her, are Hombakazi, Patricia, and Lona.

Rosemary was born on 16 August 1941 and grew up in Touws River in the Klein Karoo. "I have 3 daughters and 7 granddaughters, so we are 11 women in total, with only 2 men," she says with a smile. In Cape Town, she and a friend were founding members of the famous 'Biggy Best', where Rosemary was involved in the industry for about 25 years and also



Can this be true?!

ran the factory herself. In 1994, Rosemary 'packed up' and moved to Gansbaai, not knowing what awaited her. "I wasn't worried because I always say, *Jesus, take me and take me where you want*," she says. Upon my arrival in Gansbaai, I said: *Gansbaai loves me and I love Gansbaai!* I was not wrong, because I had the most wonderful life in Gansbaai."

As a phenomenal woman, Rosemary started with quite a few 'firsts' for Gansbaai: Shark Shop (16 years); Backpackers; Coffee Pot

and Coffee House; Mooi Uitsig Guest House in Cliff Street, De Kelders - to name just a few of her 'firsts' for Gansbaai. She was also actively involved in various business areas. At the age of 83, Rosemary can look back on a wonderful and successful 30+ years of deep traces she left in Gansbaai's business world. The Gans-Berg News wishes her a peaceful retirement and trusts that she will thoroughly enjoy her retirement! "I had the privilege to work with Rosemary when I was at the Hermanus Times and always saw Rosemary as a remarkable English Lady," Michelle van Zyl, owner of Gans-Berg News said.

Hardus Botha



A young Rosemary

LSG Sportfiksheid

Gansbaai se twee gimnasiums, Boss Fit en Health and Active, het besluit om vanaf hierdie jaar aktief by die fiksheid van Laerskool Gansbaai (LSG) se atlete betrokke te wees. "Dit is vir ons 'n groot voorreg wat ons te beurt geval het," het LSG se Media-span gesê. "Baie dankie aan Jaco Louw en sy Boss Fit-span, asook aan SJ Duvenhage en sy Health and Active-span vir julle waardevolle ondersteuning van skolesport en die bevordering van fiksheid by Laerskool Gansbaai, asook ons gemeenskap, julle betrokkenheid maak 'n groot verskil en word opreg waardeer!"

Hardus Botha

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Another deadline push for SASSA & Postbank



The deadline to replace South African Social Security Agency (SASSA) Gold Cards has once again been extended, this time to 31 May 2025. On 28 March 2025, Postbank's CEO made the announcement. This comes after the 20 March deadline for the replacement of cards came and went, with thousands of grant beneficiaries still having to migrate to Postbank Black cards.

We have been asked by many members of the public whether the announcement is true because of all the confusion that has marred this process over the past weeks. People simply do not know what to believe anymore. This is why, as per our commitment to assisting wherever we can, we are trying to get the correct information out to the public, despite neither SASSA nor Postbank falling under the responsibility of the Western Cape Government.

According to Postbank, beneficiaries will now be able to continue using their gold cards until 31 May. Through the course of April and May they can either change to the Postbank Black Cards or change the payment method at a SASSA office to a bank of their choice. Those with gold cards have been asked not to go to a Post Office to withdraw their grants.

We urge residents not to wait. Please make the change as soon as possible, to avoid added pressure on the system. We also urge Postbank to step up its communication, and this is something we will continuously tell the management as well. The announcement has not been shared widely or effectively, hence people contacting us for clarity.

This week I visited several community outreaches Postbank conducted in the Overberg region of the Western Cape. I saw very few people at some sites, because the broader community was not aware of the outreaches. The roving teams were even doing home visits to assist some beneficiaries to make the card switch. People are not aware of these outreaches because the communication has been subpar. We have continuously told Postbank we can assist to get the word out to communities, but we need them to share the information with us timeously! Another meeting with SASSA and Postbank has been conformed, where we will once again try to pressure them into stepping up their game. We know there are staff on the ground working extremely hard to help vulnerable residents. But we also know there are a myriad problems that could have been avoided had proper planning gone into this process.

We remain committed to assisting however we can, but we are getting frustrated with the flipflopping by national entities that are mandated to serve the most vulnerable. We urge them to do better and step up their game.

Western Cape Minister of Social Development, Jaco Londt



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COMMUNITY

The Power of Community

Welcome to the Overberg, where lending a hand is a way of life. In small towns like ours, teamwork has always been at the heart of how we do things. Whether coming together for a local project, helping a neighbour in need, or celebrating each other's successes, we know that everyone thrives when we support one another.

Locals who've been here for generations, those who moved from the city for a more laid-back lifestyle, and visitors who return year after year all agree - there is something truly special about this magnificent region and the communities that call it home. Chances are, if you're reading this, you feel the same way we do - we all want a strong, vibrant community where people look out for each other.

Let's get inspired and see how people in the Overberg are coming together to make this vision a reality.

Connection: The Cornerstone of a Healthy Community

Having to deal with extreme seasonal-related highs and lows associated with small coastal and country towns, local businesses understand that success doesn't come from working alone. It comes from the strength of maintaining community connections throughout the year.

Take Coffee Connection, for example, a popular local café.

When their space fills up on busy

days, they don't just turn people away. Instead, they send the overflow of customers to Coenie's Bakery down the street, where the coffee is as good and the croissants are legendary. In return, the staff at Coenie's recommends Coffee Connection for the perfect coffee milkshakes.

These small acts of mutual support give our small Overberg towns their magic. The kind that sticks with you and makes you smile long after you've left.

Last we heard, the two businesses are so close that they share a pool of casual staff. Word on the street is that they intend to start a hospitality employment agency to create jobs in the community.

Partnership: Harnessing the Power of Local Connections

In the Overberg, it's not about one business succeeding while others struggle. Instead, we've learned that we rise by lifting each other.

One inspiring story is about two businesses coming together with a shared goal of expanding their service offerings.

It all started when a local landscaping business needed fynbos plants for a large project. Instead of calling a garden centre in the city, the owner turned to a local indigenous nursery for help. The nursery had most of what the landscaper needed. He ordered what he didn't have from a local farmer because he knew the value of this new business relationship with the landscaping business. Impressed by the healthy plants and knowledgeable service, the landscaper used the local nursery as its full-time supplier. In return, the nursery owner recommended his new connection whenever a client asked about garden services. After working like this for some time, the two realised how much value they could add to each other's

businesses. They decided to feature each other on their websites for customer convenience and increased exposure.

This cycle of mutual support has ensured customers receive the best service possible.

Celebrating Community Connections: Xplorio and Gans-Berg Nuus / News

In this spirit of collaboration, Xplorio and Gans-Berg Nuus / News play a crucial role in connecting our community.

Through their platforms, they help showcase what's on offer by amplifying the voices of hundreds of local businesses across the Overberg.

By promoting local initiatives, sharing stories, and offering exposure to businesses, the two marketing specialists contribute to the region's continued growth. We look forward to seeing how these partnerships grow.

Strength in Unity: Looking Ahead to a Brighter Future

Every action, big or small, makes a difference. Whether through referrals, collaborations, or small acts of kindness, we strengthen our community ties and create a ripple effect that empowers everyone when we work together.

Let's keep the Overberg thriving! Contact Xplorio and Gans-Berg Nuus / News to discover how marketing your business can contribute to a prosperous, connected community.

Xplorio

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Gans-Berg Nuus / News

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028 205 0100

Franskraal Kunsroete is hier

Baie is nou al geskryf oor die Franskraal Kunsroete wat deur die Franskraalstrand Belastingbetalers en Inwonersvereniging by die Eilandhuisie (voormalige Franskraal museum) aangebied word - nou is dit hier! Vir op die nippertjie navrae kan Dries Dreyer by 082 332 9386 geskakel word.

Vrydag, 18 April tot Maandag, 21 April 2025.

Die Gelukkigstrekking, prysuitdeling en afsluitingsgeleentheid sal op Maandag, 21 April 2025 om 16:30 vir 17:00 by die Franskraal Rolbalkklub plaasvind. (Kroeggeriewe sal beskikbaar wees)

Nog 3 kunstenaars:

Emile Cronje:

Emile is 'n bekende Suid-Afrikaanse kunstenaar wie se werke gewild is onder kunsversamelaars wêreldwyd. Hy skilder tipies Suid-Afrikaanse tonele met helder kleure in verskeie media. Emile, sy eggenote, Estelle en hul seun Armand, geniet dit om in Franskraal te woon - omring deur die natuurskoon van berg en see wat hom daagliks inspireer.



Hester Coetzee:

Hester was Gans-Berg Nuus se staatmaker met die gereelde stuur van kunstenaars-inligting - baie dankie daarvoor. "Stap reguit op en betree my betowerde ryk, waar kreatiwiteit en moed soos sprankelende wingerde verstrengel word!" vertel Hester. "Deur my kuns nooit ek jou uit om die skatte van jou eie innerlike wêreld te ontbloot - 'n ryk van wonder, waar uniekheid en egtheid

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hoogty vier." Hester is 'n multi-passievolle en kreatiewe meester van drome en sy vul haar meesterstukke met die essensie van die lewe se kosbare oomblikke.

Isabel-Anne Meeding:

"My paintings and stories are intertwined...and they are baskets filled with colour, joy and hope..." She also said: "Never again just walk past a painting, or glance over it. Listen to its voice, its a story. And if it speaks to you, become aware of your own emotion and story. Therein lies the magic of creating and owning art!"

Hardus Botha

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2025/26 DRAFT BUDGET TABLED FOR PUBLIC COMMENT



What you need to know

The 2025/26 draft budget was tabled at the Special Council Meeting held on 31 March 2025. Councillors, residents, ward committee members and other stakeholders now have the opportunity to review the proposed budget and provide their comments on the financial year beginning 1 July 2025 and ending 30 June 2026.

Comments can be submitted to cfo@overstrand.gov.za or mm@overstrand.gov.za. The closing date for public comment is on 6 May 2025. The municipality will consider all concerns and feedback before the final budget adoption on 28 May 2025.

Alongside the draft budget, the Draft Integrated Development Plan (IDP) Review and Draft Top Layer Service Delivery and Budget Implementation Plan (SDBIP) for 2025/ also available for public comment until 6 May 2025.

Residents are invited to view these documents at municipal offices and libraries from 2 April 2025 or download them from the Overstrand Municipality's website at www.overstrand.gov.za (go to Documents and choose relevant document).

Mayor Rabie stated in her brief overview, that the budgeted revenue for the upcoming year is projected to be R2.015 billion,

excluding capital grants.

In terms of expenditure, the budgeted operational costs, which include all service delivery related expenses and non-cash items such as depreciation, total R2.109 billion. This reflects the comprehensive cost of managing and delivering services across the Overstrand.

While the budget shows a projected accounting deficit of R94.5 million, it is important to highlight that this represents an improved year-on-year position. In comparison to the original deficit of R106.9 million for the current financial year, this is a positive step forward, showcasing the municipality's commitment to reducing deficits through careful financial planning and management.

Additionally, the proposed capital budget stands at R245.8 million. These funds are earmarked for specific, targeted capital projects.

Tariff Increases

**The tariffs for refuse removal and sewerage will each increase by 6%, while the tariff for water will rise by 6.2%. Property rates will increase by 9.7% on the cent in the rand value.

**People who buy directly from Eskom will face a 12.74% increase starting from 1 April, while the municipality will implement the increase from 1 July. This means the municipality needs to recover the increase over a nine-month period.

**The Mayor said the electricity tariffs are a bit more problematic. The electricity tariff for municipal consumers is expected to increase

by 9.96% in 2025/2026, although the final increase still needs to be confirmed by the National Energy Regulator of South Africa (NERSA). **Consumers will have the option to choose the size of their electricity connection (capacity), which will affect their costs. The larger the connection, the higher the capacity charge.

**Tariffs are based on the Cost of Supply (CoS), meaning consumers pay for the portion of the network and the kWh they use, reflecting the actual cost of service. The Cost of Supply tariffs and tariff restructuring will be phased in over four years, with the second year of implementation taking place in the 2025/26 financial year. This phase-in may result in different percentage increases for various consumer categories and connection sizes. **Consumers will also have the flexibility to choose the most cost-effective plan based on their individual needs.

Concluding her speech, Mayor Rabie said that providing additional relief to vulnerable groups is close to her heart. She then explained that, apart from the 100% subsidies for qualifying indigent grant recipients, the first 70 kWh of electricity within the tariff block 0-350, 10 kℓ of water per month, and 7 kℓ of water for sewerage are again proposed to be free of charge. She added that the value of R1 575 (excl VAT). Relief is provided to households earning up to four times the SASSA pension to support lower-income families, if indigent application is approved.

Overstrand Executive Mayor, Dr Annelie Rabie



OVERSTRAND BABOON HOTLINE:

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Tannie Emmie se 90ste Lewensjaar



Tannie Emmie October (90).

90ste verjaarsdag voorgelees het. 'n Pragtige geleentheid is deur Silwerjare-lede by Silwerjare Dienssentrum vir Tannie Emmie so op haar verjaarsdagdatum, 9 April 2025, gereël - sy het soos 'n 'koningin' gevoel (en gelyk!) waar sy agter die mooi versierde tafel gesit het, met 90 lewensjare agter die rug.

Tannie Emmie is oorspronklik van Stanford, maar na haar troue het die egpaar reeds sowat 60 jaar gelede na Blompark verhuis, waar haar man haar lankal reeds ontval het. "Behalwe vir my swakkerige oë, voel ek nog lus vir die lewe," het Tannie Emmie met 'n helder en flink verstand aan die Gans-Berg Nuus gesê. Florence Jones van Silwerjare Dienssentrum het vertel dat Tannie Emmie op haar hoë ouderdom nog alleen Gansbaai-dorp toe en terug

stap - dit wil gedoen wees!

Florence het Tannie Emmie as 'n sterk vrou met 'n permanente omgee-warmte in haar, beskryf en dat sy deur al die jare altyd 'n voorbeeld aan andere gestel het. "Daar straal altyd 'n warm vriendelikheid uit haar en sy woon steeds ons byeenkomste gereeld by," het Florence gesê. Die Redaksiespan van die Gans-Berg Nuus dra graag hulle gelukwense aan Tannie Emmie oor met haar 90ste verjaarsdag.

Hardus Botha

"Verganklikheid van die mens - 'n gebed van Moses, die man van God: Here, U was vir ons 'n toevlug van geslag tot geslag.....die dae van ons jare; daarin is sewentig jaar, of as ons baie sterk is, tagtig jaar.....leer ons om ons dae so te tel dat ons 'n wyse hart mag bekom.....en laat die lieflikheid van die Here onse God oor ons wees!"

Hierdie is enkele wyse woorde in Psalm 90, wat Maria Salo aan Tannie Emmie October op haar



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'Sosiale Media' teenoor die 'Aanlynplatform

Wêreldboekedag op 23 April 2025 is 'n jaarlikse gebeurtenis wat ten doel het om die belangrikheid van boeke in ons samelewing te beklemtoon. Boeke is baie meer as net gebinde papier: dis 'n weg na ander wêreld!

So met dit in gedagte het **Gans-Berg Nuus** het dit goedgevind om die verskille tussen Sosiale Media, Aanlyn-aanbiedinge, Webtuistes en Gedrukte Media te bespreek - aspekte in die mediawêreld waaroor daar dikwels misverstande bestaan, en wat maklik tot verwarring kan lei.

Sosiale Media: 'n Platform vir gedeelde nuus

Sosiale Media is in wese 'n aanlynplatform waar inligting en sekere nuusgebeure gedeel word. Dit sluit platforms soos WhatsApp-groepe, Instagram, Tik Tok en FaceBook in. Hierdie voorbeelde word dikwels as 'aanlyn-media' beskou.

Hoewel sommige inligting korrek is, is daar 'n beduidende risiko vir sogenaamde 'fop-stories', onbevestigde gerugte, en ongeverifieerde 'skinderstories'. Dit kan maklik paniek en misleiding veroorsaak.

Webtuistes: 'n Betroubare bron van aanlyn-inligting

Webtuistes word beskou as 'aanlynplatforms' wat in die meeste gevalle geloofwaardige, nagevorste inligting verskaf. Dié tipe bronne word beskou as korrek en betroubaar - 'n moderne weergawe van tradisionele, gedrukte media. In baie gevalle vervang dit die vorige formaat van koerante of tydskrifte.

Gans-Berg Nuus se verbintenis tot akkuraatheid

Gans-Berg Nuus het, soos van die begin af, besluit om die koerant steeds in gedrukte formaat aan te bied - met groot aanmoediging en ondersteuning vanuit die gemeenskap. Hierdie stelling word deur ons omset "bevestig".

Ons hantering van inligting is selfs meer streng op ons webtuiste:

- Alle beskikbare inligting word deeglik nagevors en bevestig.
- Net nadat dit deur relevante bronne bekragtig is, word dit gepubliseer.
- Inligting word sensitief en verantwoordelik hanteer om onnodige skade te voorkom.



Voorbeelde sluit in:

- Persoonlike onderhoud met betrokke individu.
- SAPD-bevestiging van gebeure.
- Amptelike verklarings van owerhede of erkende instansies.

Gedruk en aanlyn – die beste van beide wêreldes

Die Gans-Berg Nuus sal aanhou om in gedrukte formaat te bestaan, selfs met die groei van digitale media. Ons gebruik ook Sosiale media – maar slegs om bevestigde inligting of uittreksels uit ons gepubliseerde koerant te deel.

Ons bly 'n gemeenskapskoerant wat weekliks volledige feite en betroubare inligting aan die mense van Hermanus tot by Pearly Beach, Baardskeedersbos en Bredasdorp te voorsien.

(Gesamentlik geskryf in samewerking met die Redaksiespan)

Deur Hardus Botha

Vanaf Amerika vir pa se 80ste verjaarsdag

'n Tagtigjare pa, Danie Strydom, het 'n spesiale verjaarsdaggeskenk ontvang. Danie het op 3 April 2025 sy 80ste verjaarsdag gevier en sy seun en skoonogter, Niel en Amanda Strydom, het spesiaal vanaf Houston, Amerika gevlieg om Danie se verjaarsdag by te woon. Niel werk in Amerika as kaptein op een van die groot vragkepe.

Danie en sy eggenote, Elize, het van Mosselbaai af gery, aangesien hulle in Gansbaai wou wees, waar Danie



Links, voor na agter: Niel en Anada Strydom en Pearly Lindholm. Regs van voor na agter is Elize en Danie Strydom en Sannie van Heerden.

se twee susters, Sannie van Heerden (83) en Pearly Lindholm (91) onderskeidelik in Herberg-aan-See Tehuis vir Bejaardes en Matanja (2) in De Kelders woon. Die ander suster, Paulina Navrattel (76) en broer, Andries Strydom, kon ongelukkig weens ver afstande nie teenwoordig wees nie.

Die groepie op die foto het heerlik by Kuslang's Restaurant ontspan tydens Gans-Berg Nuus se besoek aan hulle.

Hardus Botha

MEET
the team

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Gans-Berg Nuus dink 'uit boks

'Getye / Tides 2025' vir Gansbaai

"Gans-Berg Nuus het dit goed gedink om weereens 'uit die boks te dink' en vir ons Vissermanne iets spesiaals te doen - 'n Getye Boekie," skryf Michelle van Zyl, Eienaar: Gans-Berg Nuus in haar Voorwoord van die boekie. "Of jy nou 'local' is en of jy 'n 'Valie' is, waarvoor staan ons langs die see - vir ontspanning en vir kos op die tafel!"



Die boekie ter sprake, 'GETYE / TIDES 2025 Gansbaai', beslaan 28 A-5 bladsye, wat kleurvolle voor- en agterbladsye insluit. Hierdie kosbare kleinood vir vissermanne sal vanaf Donderdag, 17 April 2025 op die winkelrakke in Gansbaai en nabye omgewing te koop aangebied word - 'n handige boekie om sommer in die paneelkissie van die voertuig byderhand te hou! Michelle verwys ook na hengelaars en gesinne langs die see, veral 'pa's en

seuns' op die rotse, met Boeta se visstok wat langer as hyself is. "Dit is 'n tradisie waarop ons graag wil voortbou - vir ons kinders en hulle nageslagte."

Die publiserings van hierdie boekie is eerstens te danke aan ons Adverteerders se ondersteuning, waarsonder dit nie moontlik kon wees nie. Die boekie begin op gepaste wyse met die bekende 'Fisherman's Prayer'. Die belangrikste inligtingsblaadjies is: Kalenders vir 2025 en 2026; volledige getye-inligting vir elke dag vanaf Februarie tot Desember 2025; 'n volledige, gekleurde kaart om hengelplekke in Gansbaai-omgewing aan te dui; twee bladsye waarop notas aangebring kan word; kleurfoto's van enkele Pelagiese Vissersbote met relevante inligting as onderskrifte.

Die kaart ter sprake strek vanaf Vyeklip en Otterbaai, verby De Kelders, Stanfordsbaai en Perlemoenbaai reg deur rondom Danger Point, verby Kleinbaai en Franskraal tot by Uilenkraalsmond - met al die hengelplekke se name wat aangedui word, wat persoonlik vir Gans-Berg Nuus deur John McGregor, met kopiereg, ontwerp is.

Dan is daar ook interessante en relevante inligting oor "Hengel in Gansbaai - Riglyne", wat handig te pas kan kom: verskeie spesies met minimum lengtes en maksimum hoeveelhede; wenke vir vislyne, hoeke en tipe aas vir spesifieke spesies (by die naam genoem!), wat onderskeidelik van toepassing is vir Die Plaat, Pearly Beach, Franskraal, Die Gruis, De Damme en Gansbaai Hawe - sonder twyfel 'n 'mondvol'!

Genoeg is nou 'uitgelap' - maak seker om 'n kopie van 'GETYE / TIDES 2025' sommer al op Donderdag, 17 April 2025 te koop - dit sal die moeite werd wees!



O-ja, en byna word daar iets vergeet...en dit nogal nóg 'n Gans-Berg Nuus inisiatief! Vir die jongklomp is daar ook 'n verrassing vir Donderdag, 17 April 2025: 'n 'Easter Activity Book', of te wel, 'n Aktiwiteitsboekie, propvol speletjies en aktiwiteite om die jonger geslag behoorlik besig te hou (dalk van die ouer geslagte ook!). Enkele voorbeelde is: 'Woordsoek', 'Sudoku', 'Soek-soek-speletjies en -prentjies', 'Inkleurgeleentheid', 'Stel deurmekaar woordspellings reg' en baie meer - genoeg om vir 'n lang tyd te geniet! En hoe sal ons dan nou van 'n lekker paaseier en kryte vergeet wat saam met die boekie in die sakkie gaan wees!

Hardus Botha



Grootbos paddling

The paddling team at Grootbos had their best ever SA Schools Sprints Championship - winning 24 medals last weekend. "We are so proud of these guys and girls who paddle their hearts out all year round on the Klein River in Stanford," Phillipa Murray, General Manager & Fundraising: Grootbos Foundation, said. "Paddling has taught them water safety, teamwork, individual skills, strength, stamina, adventure, life skills, hope and a respect for the natural environment."

Hardus Botha

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Easter 2025



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Weather Forecast / Weer Voorspelling

Friday 18/04/2025	Saturday 19/04/2025	Sunday 20/04/2025	Monday 21/04/2025	Tuesday 22/04/2025	Wednesday 23/04/2025
24°	19°	20°	20°	17°	18°
Light Breeze 3 m/s from south 0 mm precipitation.	Light Breeze 2 m/s from west 0.1 mm precipitation.	Moderate Breeze 7 m/s from south-east 0.2 mm precipitation.	Fresh Breeze. 8 m/s from east 6.5 mm precipitation.	Fresh Breeze 10 m/s from west 1.6 mm precipitation.	Fresh Breeze 8m/s from west 6.8 mm precipitation.

Gety tafels / Tide Tables

Dag / Day	High	High	Low	Low
18 April	0538	1813	1151	0007
19 April	0619	1906	1236	0110
20 April	0722	2028	1347	0200
21 April	0905	2211	0302	1537
22 April	1055	2329	0451	1707
23 April	1206	0024	0559	1808
24 April	1257	0111	0648	1857
25 April	1341	0154	0732	1941
26 April	1423	0200	0813	2023
27 April	0236	1504	0854	2104
28 April	0317	1545	0934	2146
29 April	0359	1628	1015	2229
30 April	0442	1712	1057	2315
01 May	0527	1801	1142	0007

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3		8	5	1		
				3		4
7		6	2	8		
1	5	7		9		
	2			1		6
				5	7	8
	9		4			8
	3			6		
8						3

D	D	R	X	O	X	B	D	F	A	D	G	G	P	H
C	K	Y	D	L	V	A	U	W	J	L	H	A	A	Z
R	G	R	J	E	S	U	S	N	B	K	Q	Y	R	L
U	O	E	E	Q	J	Q	C	Y	N	E	N	V	A	A
C	O	S	P	R	I	N	G	H	S	Y	J	F	D	S
I	D	B	C	H	R	I	S	T	I	A	N	V	E	T
F	O	F	A	S	T	I	N	G	C	L	C	E		
I	F	N	E	G	G		H	U	N	T	K	H	W	S
X	R	N	C	E	L	E	B	R	A	T	I	O	N	U
I	I	E	G	X	E	B	A	S	K	E	T	C	Z	P
O	D	T	J	D	H	H	Y	L	L	S	V	O	Q	P
N	A	Y	W	W	T	O	H	B	A	E	Z	L	B	E
P	Y	X	U	E	G	G	U	A	Z	M	N	A	X	R
Z	C	H	U	R	C	H	N	H	N	D	B	T	P	W
M	I	R	A	C	L	E	T	W	D	K	E	E	F	Q

- Bunny
- Egg
- Basket
- Chocolate
- Lent
- Resurrection
- Spring
- Chick
- Crucifixion
- Parade
- Egg Hunt
- Good Friday
- Jesus
- Palm Sunday
- Sacrifice
- Bonnet
- Christian
- Lamb
- Celebration
- Church
- Fasting
- Hunt
- Last Supper
- Miracle

Colour me in.....



ANSWERS

6	3	9	5	4	2	7	8	1
8	4	2	7	1	3	9	5	6
5	7	1	6	8	9	4	2	3
7	1	3	8	9	6	5	4	2
9	2	6	3	5	4	8	1	7
4	5	8	1	2	7	3	6	9
1	6	5	9	3	8	2	7	4
2	9	7	4	6	5	1	3	8
3	8	4	2	7	1	6	9	5

X	S	H	K	N	I	L	O	I	V	F	S	K	M	V	K	A
P	K	M	X	T	A	R	K	A	T	G	C	B	A	K	Q	C
A	E	A	W	V	R	T	E	E	L	I	N	O	J	C	P	C
C	T	N	R	L	Z	U	N	N	T	U	V	O	A	O	R	O
I	U	D	N	Z	A	R	M	S	O	E	S	S	G	B	A	R
N	L	O	C	Y	O	B	M	P	E	H	T	K	A	K	H	D
O	L	L	E	C	W	U	M	X	E	A	P	G	X	Q	S	I
M	B	I	Z	J	R	H	O	Y	N	T	P	O	X	P	W	O
R	T	N	W	T	L	N	I	E	C	I	W	K	X	V	E	N
A	Z	Y	S	A	E	K	T	S	P	S	F	N	K	A	J	O
H	S	K	B	C	B	S	I	E	T	A	I	D	L	J	S	D
S	L	A	O	U	T	A	S	C	M	L	F	Q	E	E	H	R
O	S	M	E	L	O	D	E	O	N	L	E	A	J	L	S	W
S	Q	C	N	R	O	H	L	E	G	U	L	P	O	P	I	V



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Elena Swart se Spesiale Blom

“Ek het my plant afgeneem wat net een keer 'n jaar blom, maar vanjaar was daar 70 blomme aan die plant,” vertel Elena Swart. “Ek het jare gelede 'n stuk van die plant gekry en dit blom nou al vir 3 jaar, maar dit is die eerste jaar wat dit so vol blomme is, maar die volgende dag is dit weer dood.”

Elena is onseker van die plant se naam. Dit is die Fairy Castle Cactus (*Acanthocereus tetragonus*). Die Gans-Berg Nuus het 'many moons ago' 'n artikel oor die plant gepubliseer, maar hier is weer kortlikse Internet-inligting:

Fairy castle cactus

(*Acanthocereus tetragonus*)

This night-flowering plant has an open flower of 10-20cm in diameter, the inner tepals are pure white, slightly fragrant. Fruits are shiny, red and sweet-tasting. Triangle cactus has large, fragrant white blooms that open at night during the summer and attract hummingbird moths. Cacti are flowering plants that produce seeds. They are able to bloom every year, but they will produce an abundance of flowers in response to heavy rains. Flowers differ in appearance and scent to

attract specific pollinators, such as insects and bats. Cacti are slow growers and can live for many years.



The *Acanthocereus tetragonus* fairy castle cactus gets its scientific name from the Greek word *Akantha* - it means 'thorny'. The fact that the

cactus has a thick growth of spines led the discoverers to name it Acantho. It's also known as the triangle cactus, night-blooming cereus, or barbed-wire cactus; it's a slow-growing cactus with stems that resemble the turrets of a medieval castle, hence the name; each stem has five sides, with each ridge lined with white, woolly spines; it can grow to be 6-22 feet tall; it is a night blooming cactus, with large white flowers that usually appear when the plant is 10 years old or older; the Fairy Castle Cactus stands as a beacon of resilience, much like the laurel crown symbolizes victory; its sturdy form and spiky exterior evoke a sense of protection and endurance, qualities that are deeply rooted in the symbolism of many resilient plants.

The Fairy Castle Cactus is a longevity champion. It's not just a plant: it's a steadfast buddy that grows alongside you, year after year. Unlike fleeting decor trends, this cactus stands the test of time, maturing and evolving without demanding constant attention or frequent replacements.

Hardus Botha

OVERSTRAND MUNICIPALITY	OVERSTRAND-MUNISIPALITEIT	UMASIPALA WASE-OVERSTRAND
<p>AFFORDABLE ERVEN: STANFORD PRE-SCREENING OF POTENTIAL BENEFICIARIES EARNING ABOVE R3501 PER MONTH FOR 48 AVAILABLE ERVEN</p> <p>The public are hereby invited to scrutinise the list of potential beneficiaries identified from the Housing Demand Database "waiting list" for Stanford at:</p> <p>PLACE: Stanford Library, Stanford Municipal offices and Stanford community hall.</p> <p>DATES (WEEKDAYS): 22 April 2025 – 24 May 2025 – from 09:00 – 16:00 only Stanford community hall opens 10:00 – 18:00</p> <p>DATES (SATURDAYS ONLY STANFORD MUNICIPAL OFFICES AND COMMUNITY HALL OPEN): 26 April 2025 – 3,10,17 & 24 May 2025 from 08:00 – 13:00</p> <p>List with names of potential beneficiaries and qualifying criteria will be placed at the Stanford Library, Stanford Municipal offices and Stanford community hall.</p> <p>Pre-screening will thus close on 24 May 2025 and comments / objections will be recorded and investigated.</p> <p>For any enquiries contact: Hermanus Housing Administration @ 028 313 8148 Stanford Municipal offices @ 028 341 8505</p> <p>22 March 2025</p>	<p>BEKOSTIGBARE ERWE: STANFORD VOORAF-KEURING VAN POTENSIELE BEGUNSTIGDES WAT BO R3501 PER MAAND VERDIEN VIR 48 BESKIKBARE ERWE</p> <p>Die publiek publiek word hiermee uitgenooi om die lys van potensiele begunstigdes, geïdentifiseer vanuit die behuisingdatabasis (waglys) vir Stanford, te besigtig by:</p> <p>PLEK: Stanford biblioteek, Stanford Munisipale kantore en Stanford gemeenskapsale.</p> <p>DATUMS (WEEKSDAE): 22 April 2025 – 24 Mei 2025 – van 09:00 – 16:00 net Stanford gemeenskapsale oop 10:00 – 18:00</p> <p>DATUMS (SATERDAE NET STANFORD MUNISIPALE KANTORE EN STANFORD GEMEENSAPSALE OOP): 26 April 2025 – 3, 10, 17 & 24 Mei 2025 van 08:00 – 13:00</p> <p>Lys met name van potensiele begunstigdes en kwalifiserende kriteria sal by die Stanford biblioteek, Stanford Munisipale kantore en Stanford gemeenskapsale.</p> <p>Voorafkeuring sluit dus 24 Mei 2025 en kommentare / besware wat aangeteken word, sal ondersoek word.</p> <p>Vir enige navrae kontak: Hermanus Behuising Administrasie @ 028 313 8148 Stanford Munisipale kantore @ 028 341 8505</p> <p>22 Maart 2025</p>	<p>IZIZA EZITHENGEKAYO: eSTANFORD UVAVANYO LOKUQALA KUBANTU ABANOKUBA NGABAXHAMLI ABAFUMANA UMVUZO ONGAPHEZU KWE R3501 NGENYANGA KWIZIZA EZIKHOYO EZIYI 48</p> <p>Uluntu luyamerywa ukuba luphonononge uluhlu lwabanokuba ngabaxhamli abachongwe Kuluhlu Lwabantu Abalindele Izindlu "waiting list" lwaseStanford kule:</p> <p>INDAWO: Ithala lencwadi lase Stanford, kwi Ofisi zikamasipala eStanford nakwi holo loluntu lwase Stanford.</p> <p>UMHLA (PHAKATHI NEVEKI): 22 Epreli 2025 – 24 Mei 2025 – ukusuka ngo 09:00 – 16:00 liholo loluntu lwase Stanford lodwa elivula ngo 10:00 – 18:00</p> <p>UMHLA (NGEMIGQIBELO KUZA KUVULWA KUPHELA I-OFISI ZIKAMASIPALA ESTANFORD NAKWI HOLO LOLUNTU LWASE STANFORD): 26 Epreli 2025 – 3,10,17 & 24 Mei 2025 ukusuka ngo 08:00 – 13:00</p> <p>Uluhlu olunamagama wabantu abanokuba ngabaxhamli kunye nemigaqo efanelukulandelwa izakuxhonywa kwi thala lencwadi lase Stanford, kwi Ofisi zikamasipala eStanford nakwi holo loluntu lwase Stanford.</p> <p>Lvavanyo lokuqala luyakuvalwa nge 24 Mei 2025 kwaye izimvo / izichaso ziya kubhalwa phantsi kwaye ziphandwe.</p> <p>Ngayo nayiphi na imibuzo qhakamshelana: Ulawulo lwezindlu lwaseHermanus @ 028 313 8148 Ofisi zikamasipala eStanford @ 028 341 8505</p> <p>22 Matshi 2025</p>

Managing diabetes

HIGH, OR HIGH NORMAL, blood sugar is a very common health challenge and silent killer with many serious side effects. That is why it is so important to go for regular blood test screenings: fasting blood glucose and insulin. Fasting Lipogram, incl. Homocystein and Ultrasensitive C-Reactive Protein. Regular blood pressure AND EXERTION ECG readings are also essential, as well as a stress assessment questionnaire.

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3. Correct food supplements, herbal remedies and eating guidelines, with anti-inflammatory eating.
4. Daily meditation to relax and unwind; visualisations to calm, centre, breathe, and do correct breathing exercises when lying down before sleep.

Diabetes is NOT impossible to manage or even INCURABLE. It is an important lifetime health challenge and I am living proof that lifestyle adaptation, eating guidelines, correct use of natural food supplements and well-



researched herbal remedies, daily earthing and nature contact, dance, sleep and meditation, ARE ALL EFFECTIVE!

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Dr Arien van der Merwe

Various arrests for criminal activities

“Endeavours to arrest wanted suspects in the Western Cape yielded success during a targeted take-down operation directed to neutralise criminal gang groupings who are actively involved in criminal activities such as murder, attempted murder, possession of abalone, firearms and drugs in towns within the Overberg District,” read a Media Statement issued by the South African Police Service: Office of the Provincial Commissioner, Western Cape. “The operation commenced in July 2023, focusing on identifying, monitoring and apprehending these suspects responsible for the most prominent crimes in the mentioned areas.”

“Between Wednesday, 26 March 2025 until the early hours of Thursday morning, Provincial Organised Crime detectives, supplemented by other police units, descended on several identified

addresses, armed with warrants of arrest which were issued by the court after thorough investigation.”

“According to the statement detectives have arrested ten (10) wanted suspects in connection with murder, conspiracy to commit murder, illegal possession of a firearm and ammunition, committed during December 2021 in Gansbaai, the illegal possession of abalone during September 2021 in Stanford, murder committed during December 2021, intimidation during December 2023 in Bredasdorp and possession of abalone during September 2022 in Grabouw.”

“The adult male suspects appeared in the Hermanus magistrates' court



on the mentioned charges on 28 March 2025. All of them have also been charged under the Prevention of Organised Crime Act (POCA)” - end of Media Statement.

Opvolg:

Die verdagtes is vir verskeie kriminele misdade aangekla. Een van die klagtes was die moord op Cameron Padayachee in Blompark in Desember 2021. Die saak teen drie (3) van die verdagtes is tydens die hofsitting teruggetrek. Slegs sewe (7) van die tien (10) is formeel aangekla. Kort daarna is nog 'n verdagte gearresteer wat in die hof verskyn het. Die saak teen die agt (8) verdagtes is tot 15 April 2025 vir formele borgeansoek uitgestel.

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Gansbaai Gholflub

Solly Wessels palm Houespel is

Saterdag, 12 April 2025 se Houespel Kompetisie is deur Solly Wessels ingepalm.

Woensdag, 9 April:
Geen golf as gevolg van die weer.

Vrydag, 11 April:
Sakkie van der Merwe wen die Enkel Stableford 9-putjie kompetisie met 21 punte, gevolg deur Pieter Uys 20, Owen Huxham 20, Edmund Halse 19, Johan Smith 18, Jacques Louw 17, George Hunt 17, JP Laubscher 17, Andrew Dalgliesh 17 en Callie Lourens 16.

Saterdag, 12 April:
Solly Wessels wen die Houespel kompetisie met 73 net, gevolg deur Clive Bailey 74, Berty Sassman 76, Daan Victor 76, Leon Lombaard 76, Joe Cesare 78, Anton Jordaan 80, Francois van der Merwe 81 en Willem Germishuys 81. Naaste aan die pen op no 2 was Francois van der Merwe. Leon Lombaard teken 'n Spog Twee aan op no 17.

Saterdag, 19 April:
Kompetisie is 'n 4BBB Stableford.

Verjaarsdae:
Peter Pascoe (22), Matthew Greenwood (25), Cornelius le Roux (26) en Maria Smith (30).

Groete,
Johan Coetzee 082 878 0534



Sakkie van der Merwe.



Solly Wessels.

Seagulls Netbalspan

Hierdie foto van die Seagulls Netbalspan is tydens 'n dankie-sê bymeekaarkom geneem - spesiaal vir die stigter van die Seagulls Netbalspan in 1973, Magrieta Adams (3de van regs agter). "Ons wil langs hierdie weg ere bring aan Tannie Magrieta vir haar nalatenskap aan ons jonger geslag," het Sylvia Jacobs (links agter), voorsitter van die span, gesê. "Die Seagulls Netbalspan, met die jonger geslag, respekteer Tannie Magrieta steeds vir die stigting en nalatenskap daarvan, asook vir haar volgehoue ondersteuning van ons."
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LSG Saalbyeenkoms

Laerskool Gansbaai (LSG) eerste saalbyeenkoms was met groot pret gevul. Hulle het 'n lekker snare-musiekspan gehad as deel van die begeleiding tydens hulle samesang, met die Gansie-musikante as Stiaan, Francois, Neël en Krige.

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Emergency Numbers:

Gansbaai Municipality:	028 384 8300
Overstrand Municipality:	24hour control room 028 313 8111 / 028 313 8000 / 028 313 8013
Law Enforcement:	028 313 8996 / 028 313 8111
Disaster Risk Management:	028 313 8980 / 028 312 2400 / 028 313 8122
Fire Department:	028 313 8980 / 028 312 2400
Marine & Coastal Management:	028 313 2703
Ambulans Service Toll free number:	10177
1LifeRescue:	Mark Robson - 082 414 9335 0861 13 13 11
CMC Critical Medical Care:	066 222 7219
Gansbaai Police Station:	028 384 0201 / 10111
OMR Community Medix	078 699 6995



Your Neighbourhood Watch is here for you

- De Kelders NHW: Mark Robson - 082 414 9335
- Franskraal NHW: Lizzy - 081 419 0180
- Franskraal Afriforum NHW: Robbie Nelson - 083 455 0946
- Gansbaai NHW: Hugh-Daniel Grabler - 072 352 7776
- Kleinbaai NHW: Anthony Melly - 079 523 8478
- Pearly Beach NHW: Christa Binedell - 072 731 8972
- Pearly Beach Resort NHW: Maggie Coetzee - 083 245 1207
- Perlemoenbaai NHW: Johan Pieterse - 072 749 1510
- BaardskeerdersBos Plaaswag: Flippie Groenewald - 072 413 9718
- Masakhane NHW: Mziwenkosi (Magic) Ngewu - 071 355 3555
- Blompark/Beverly Hills: Pastor Ivan Cornelius - 076 504 6744 / 082 472 0877





Gans Berg

Nuus/News

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Pearly Beach, Bredasdorp, Hermanus, Stanford

Sport



Gansbaai Jukskei maak geskiedenis



1ste plek: Franskraal Rolbalkklub, met Piet Zaayman (Jukskeivoorsitter), 2de van links.

Gansbaai Jukskei klub het op Saterdag, 12 April 2025, gekiedenis gemaak met hulle eerste 'Besigheid Jukskei Kompetisie', wat somer baie goed (en gesellig!) afgeloop het. Die besigheidsmante en -vroue, waarby 'n rolbalspan ingesluit was, het hulself terdeë geniet - of hulle nou jukskei kon speel of nie, die skeie het goed in plek geval!

Die dag se kompetisie het baie gesellig verloop en, waar hulp nodig was, het die jukskeimante die nodige hulp verleen. "Ons is baie dankbaar vir die reaksie wat ons op ons uitnodiging aan besighede ontvang het, asook baie dankie aan al ons borge," het Piet Zaayman (voorsitter), in sy verwelkomingsboodskap gesê. "Ek

vertrou ons sal volgende keer nog groter reaksie vir 'n Besigheids Jukskei Kompetisie kry."

Daar was 6 spanne wat deelgeneem het (alfabeties): Buidlt Gansbaai, Burmar Werkswinkel, Business Pro, Computer Hut, Franskraal Rolbalkklub en Overberg Trusses.



Het iemand al vir Gholfer / Hengelaar Bev Swart 'n skei sien gooi?

En die wenners was:

1ste plek - Franskraal Rolbalkklub; 2de plek - Computer Hut; 3de plek - Overberg Trusses. "Baie geluk aan die wenners en ons vertrou van julle, asook van die ander spanne, daaraan sal dink om as individue by ons te kom aansluit," het Piet gesê.

'n Toeks Moore Opedag is vir Saterdag, 26 April 2025 gereël. Dit gaan 'n voldag se spel wees met spanne vanuit verskeie oorde wat gaan opdaag om deel te neem. Navrae kan aan Piet Zaayman by 082 856 6651 gerig word, of skakel vir Jaco Boets by 083 549 8678.

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2de plek: Computer Hut.



3de plek: Overberg Trusses.

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