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5
ANTON GOOSEN
"SE KLEIN KLITSIE"

6
DRAMA-
JUFFROU

10
NATIONAL CANOE
CHAMPION

'Gansbaai bly in jou hart' - Dr Marina Barnard weer terug by haar mense

"Die ou Gansbaaiers se gesegde was, as jy eenmaal in Gansbaai kom woon het, is dit altyd in jou hart..!" was bekende dr Marina Barnard se eerste opmerking op die vraag hoe dit voel om weer in Gansbaai te gaan praktiseer. "Ek is baie opgewonde en sien uit na hierdie nuwe uitdaging - en na die lekkerte om weer met oop en opregte mense te werk, soos toe ek destyds hier weg is."

Die Gans-Berg Nuus het by Marina se 'splinternuwe' spreekkamers, wat op 1 April 2026 geopen het, in Kerkstraat gaan inloer - ook om haar welkom te heet. Ontspanne agter haar lessenaar het sy gesels asof sy nooit weg was nie: dieselfde mense-mens met 'n omgee-hart soos Gansbaaiers haar jare lank geken het. Sy wil eers weet hoe dit met jou en so-en-so gaan, voordat sy oor haarself begin praat. "O ja," voeg sy laggend by, "ek wil net vir jou sê ek het vandag, 1 April, my eerste pasiënt tussen al die werkery aan die gebou deur gesien - en môre is daar sover nog twee!" **Artikel volg op Bl. 2**



Dr Bianca Brandt.

Dr Marina Barnard.



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Die vriendelike ontvangsdame is Sybil Olivier, ook 'n oud-Gansbaaier. Intussen het die jare aangestap en Marina het twee seuns en spog al met vier kleinkinders. Haar seun, Jannes Coetzee (van Computer Hut), en Rianna woon saam met hulle drie seuns - Jandr  (10), Adrijan (6) en Tijan (3) - in Gansbaai. In die Strand woon Fonnien en Christelle Coetzee met hulle klein Alfonsie (3).

Marina het in 1993, sowat 33 jaar gelede, haar praktyk in Gansbaai geopen. Sowat vyf jaar gelede het sy na Hermanus verhuis, waar haar eggenoot, Russell - 'n voormalige veearts in Gansbaai - 'n plaas besit. "Ek het vir 'n ruk pure boervrou gespeel," vertel sy met 'n glimlag. Van stilsit en afgesonder wees van haar passie vir medisyne was daar egter geen sprake nie. Sy het by Hermanus GP Care as vennoot aangesluit. Marina vertel dat sy met verloop van tyd verskeie kursusse voltooi het - onder meer in genetica, geintegreerde medikasie, vitamienmedikasie, kruie en selfs hipnose - 'n hele mondvol!

"Ek het dit goed gedink om vir my 'n dokter te kry wat kan help met rotasie," s  Marina, "en ek is baie tevrede met dr Bianca Brandt - 'n jong, maar baie bekwame dokter. Ons albei het 'n

groot passie vir mense."

Dr Bianca Brandt

"Ek is 'n huisdokter met 'n groot liefde vir jonk en oud," vertel Bianca, wat tans in Hermanus woon. Sy is getroud en ma van twee seuntjies. Bianca het haar studies in Pretoria voltooi en n  haar verpligte staatsdiens tydperk in Ierland gewerk - in endokrinologie, geriatrie en noodmedisyne. "Ek het verder studeer en my Diploma in Dermatologie voltooi - ek is nou besonder passievol oor die vel," s  sy. Bianca is 'n warm familiemens en sien daarna uit om haar Gansbaai-pasi nte op hulle beste te laat voel.

Die redaksiespan van die Gans-Berg Nuus wens Marina en Bianca alle sukses toe met Marina se spreekkamers in Kerkstraat 39, Gansbaai (oorkant dr Corrie Loubser se tandarts-spreekkamers). Marina se Gansbaai-spreekkamers kan geskakel word by 028 057 0428 of 079 221 5019, of stuur 'n e-pos aan info@gpgansbaai.co.za. Spreekure is Maandae tot Vrydae vanaf 09:00 tot 16:00 en Saterdag vanaf vroegoggend.

(Foto's verskaf)

Hardus Botha

Waarheid en wysheid onder die vergrootglas - prof Dani l J. Louw -

Johan Coetzee van Naledi in gesprek met prof Dani l Louw tydens die bekendstelling van *Kaiings van wysheid*.



"Waarheid en wysheid is twee karperde wat weet dat dit in die praktyk nie altyd klopdisseelboom gaan nie" - en dit is presies die in-diepte tema van prof Dani l J Louw se nuutste boek, *Kaiings van wysheid*. Die boek is deur Johan Coetzee van Naledi uitgegee en is op 1 April 2026 in een van die Great White House se buitelokale bekendgestel.

Eie aan Dani l was die eerste deel van sy praatjie oor sy vorige boeke - gepaardgaande met sy kenmerkende humoristiese opmerkings - soms lig die wenkbroue, soms is die reaksie skaterlag. "Maar wat is die waarheid?" was sy vraag aan die gehoor. "Mens word ontnguter deur die feit dat waarheid dikwels verpak is in kaiings van twyfel, sinisme, valsheid en oppervlakkigheid. Die media beweeg dikwels tussen feit en sensasie, met waarheid wat deur skyn omhul word en die teendeel is van feitelikheid - naamlik bedrog en leuens - wat 'n mens gereeld laat twyfel. Wysheid is dikwels maar 'n

masker vir dwaasheid en eie gewin."

Die titel van die boek wil s : Die waarheid braai soos kaiings uit, en kierankies vorm harde kastaiings wat niemand weet hoe om uit die vuur te krap nie. "Om weer sinvol te lees en te leef - in 'bliksemgedagtes' waar mens met die dood moet worstel - en om te voorkom dat ek as pastor bloot as 'n ho priester met aparte

pyn gebrandmerk word, moet ek soms van Weskus-bokkomspraak, tinkinkietaal en selfs mossiegetjirp gebruik maak," het hy ges . Die boek is gevul met interessante sketse en foto's, met besondere klem op die mossie - "mossies as die metafoor vir God se sorg en omgee vir brose mense, selfs tot in die stoffikheid en gebrokenheid van die dood." Dani l, wat ook 'n knap kunstenaar is, se skildery van *Mossies in vrye vlug* is ook in die boek opgeneem.

Prof Dani l Louw is nie net 'n ou bekende in Gansbaai nie - ook vir die *Gans-Berg Nuus*, wat al verskeie berigte oor hom en oor sy gepubliseerde boeke geplaas het, telkens uitgegee deur Naledi van Johan Coetzee. Dani l se studies in filosofie en teologie het hom na groot hoogtes geneem: hy was predikant in die NG Kerk, dosent en professor in praktiese en pastorale teologie aan die Fakulteit

Teologie op Stellenbosch, asook dekaan. Sy boek, *Daar is meer*, is in 2024 as wenner van die Andrew Murray-prys aangewys. Nog een van sy boeke, *Displacement*, is onlangs op die



Die vrolike rail beteken dat God ook met haar verdien plekke omgeval het. Want se'n as die mossie val, is Hy daar. Soms is veralings weni God ing stede as die oorsaak van alle onheil in veraal. En nie een van hulle sal val sonder die wil van jul Herelele Vader nie. Die woord wil veralyn epe nie in die Geleke rek nie. Vanlele die amosyle veralings: Nie sonder jul Herelele Vader nie!

Mossies as metafoor van God se omgee - skildery deur Dani l Louw.



kortlys vir die Andrew Murray-prys geplaas - 'n ryklik geillustreerde werk, gegrond op dekades se navorsing oor menslike verplasing en 'n oproep tot optrede. Nou is *Kaiings van wysheid* bekendgestel - weer eens deur Naledi, 'n uitgewer wat in boekkringe geen bekendstelling nodig het nie.

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Groter Gansbaai bruis oor Paasnaweek



Juwele en baie meer by Gansbaai Mark.

Wat ons instansies en organisasies betref, was daar verskeie aktiwiteite wat vir besoekers aangebied is: 'n Paaseiersoektog by Saterdag se Gansbaai Mark; 'n prestige-kunsuitstalling, *Déjà Vu*, in Die Hangkas te Groeneweide; 'n familie-rolbaldag vir "leke" om 'n gesellige rolbaldag te geniet; Pearly Beach se kerkbasaar waar daar baie te ete, te drinke en te kope - maar terselfdertyd nie plek vir 'n muis nie; twee oorvol karavaanparke; Sien berigte met detail-info in die res van hierdie uitgawe - iets vir almal.

Die Gans-Berg Nuis vertrou dat vakansiegangers en besoekers hul tyd in Groter Gansbaai terdeë geniet het, veilig teruggery het en weer sal kom kuier.

Hardus Botha

Paasnaweek in Gansbaai is jaarliks 'n baie bedrywige paar dae - wonderlik vir 'n ekonomiese inspuitingtjie vir die dorp. Maar sjoe, die gepaardgaande verkeer en bedrywighede is 'n perd van 'n ander kleur wat ons maar moet aanvaar. Dus weer eens baie dankie aan ons besoekers wat hier kom afsaal het! Dit was ook wonderlik om soveel besoekers saam met ons inwoners op Goeie Vrydag en Paassondag in ons kerke te kon ontvang - met die wete dat die kruisiging van Christus en sy opstanding nie tussen al die bedrywighede, pret en plesier verdwyn het nie.



Eilandhuisie-kuns: Dries en Susan van Heerden.



Eilandhuisie-kuns: Martha van der Westhuizen.

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Western Cape to benefit from CapeNature's 2026 Greening Initiative Fun and engaging greening competition for schools

CapeNature will continue its greening initiatives in 2026, building on the success of previous programmes that supported schools and communities in establishing indigenous gardens and non-invasive food gardens across the Western Cape. The initiative forms part of CapeNature's Plant One Million Trees campaign, which contributes to the National Government's Plant 10 Million Trees initiative aimed at increasing tree planting and promoting environmental sustainability throughout South Africa.

As part of the 2026 programme, CapeNature will launch a fun and engaging greening competition for schools and communities across the province. The competition will encourage participants to develop or improve their gardens by planting indigenous plants, maintaining green spaces, and promoting environmental stewardship. Participants will have the opportunity to showcase their creativity and commitment to sustainability while competing for recognition and support from CapeNature. The initiative aims to inspire learners and community members to actively participate in protecting the environment.

The competition will launch on 13 April 2026 to coincide with International Plant Appreciation Day and will run until 15 May 2026. Greening initiatives are particularly important in the Western Cape due to the region's unique biodiversity and environmental challenges. Creating green spaces helps improve air quality, reduce heat in urban areas, and provide habitats for birds, insects, and other wildlife.

Through the greening initiatives, CapeNature partners with schools and community groups to create and maintain green spaces that promote biodiversity, environmental awareness, and sustainable living. These spaces not only enhance local environments but also serve as outdoor learning areas where learners and community members can gain practical knowledge

about biodiversity conservation, climate change, and sustainable practices. Indigenous plants are well suited to the local climate and soil conditions, requiring less water and maintenance while providing important habitats and food sources for local wildlife. By planting indigenous species, communities can help protect the Western Cape's unique biodiversity.

As part of the 2026 Greening Initiative, CapeNature will work with selected schools and communities across the province. Participating groups will receive support in the form of seedlings, indigenous plants, gardening tools, and environmental education



programmes to help establish and maintain sustainable gardens. Through collaboration with schools, communities, and environmental partners, CapeNature continues to play a role in restoring ecosystems and building a greener, more resilient Western Cape.

For more information about greening initiative competition contact sjavyu@capenature.co.za and [view the competition Terms & Conditions here](#).

(Article shortened: Hardus Botha)

CapeNature General Manager: Advocacy Petro van Rhyn

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Anton Goosen (80) wag vir sy 'Klein Klitsie'

Anton en Estie Goosen, met Anton op pad na kykNET-Fi&stas.



Anton Goosen (80), Suid-Afrika (en Gansbaai!) se Liedjieboer, en sy pragtige vrou, Estie (41), se aanvanklike 'geheim' is nou al lank op die lappe: die egpaar verwag 'n seuntjie en hulle borrel oor van vreugde en opgewondenheid. Anton se troetelnaam vir Estie is 'Klitsgras', "omdat sy aan my hart vasklou!" - nou praat Anton al klaar van hulle 'Klein Klitsie' wat op pad is.

Anton het op 5 Maart 2026 sy 80ste verjaarsdag gevier

(Gans-Berg Nuis, 13 Maart 2026; Gansbaai Liedjieboer vier agt Dekades). Anton het sowat 19 jaar gelede permanent na Gansbaai verhuis en is in Junie 2017 met Estie (née Geldenhuys), 'n boorling van Gansbaai en 'n onderwyseres by Laerskool Gansbaai, in die huwelik bevestig.

"Ek is beslis nie bang vir die baba-uitdaging nie, maar nou sal my ateljee in 'n babakamer omskep moet word," het Anton opgewonde vertel. Die redaksiespan van Gans-Berg Nuis dra ook hul gelukwense aan Anton en Estie oor en wens hulle 'n wonderlike en opwindende lewe saam met die nuweling wat op pad is toe. (Foto's verskaf)

Hardus Botha



Anton en Estie Goosen op Anton se 80ste verjaarsdag.



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Twee voormalige drama-juffroue laat gaste skaterlag



Lois Buckle en Mari Weber.

'n Huisconcert met die tema 'Koffers en Kartondose' beteken net een ding - hier wag groot pret, baie lag en 'n genotvolle opvoering. Die twee 'breinkinders' agter hierdie huisconcert in Duikersfontein, Kleinbaai, op Donderdag 26 Maart 2026, is Lois Buckle en Mari Weber - twee gekwalifiseerde, ervare en afgetrede dramajuffroue en toneelspelers. Albei van hulle was tydens hul beroepsjare deel van 'groot' name onder toneelspelers, onder ander mense soos Bettie Kemp, Lochner de Kock, Hellen Kellerman, Magda van Biljon en baie meer.

"Vandag se huisconcert is ons tweede spontane optrede in Gansbaai," het Lois aan *Gans-Berg Nuus* meegedeel. "Ons eerste optrede vir Gansbaai Leeskring het op poësie gefokus en dit is só goed

deur die dames ontvang dat ons besluit het op 'n tweede aanbieding."

Die program vir die gesellige en humoristiese aanbieding het soos volg verloop: gedigte, prosa en monoloë van 'n verskeidenheid bekende skrywers - saamgestel om 'n voordragkonsert aan te bied. Voorbeelde van digters en skrywers se werke wat gebruik is, sluit in:

Gedigte van: Annesu de Vos, George Weideman, Ingrid Jonker, Pieter Smit, Willem van Toorn, Fanie Olivier en Eugene Beukes.

Prosa van: Maretha Maartens, Jeanne Goosen, Audrey Blignault en Marieta van der Vyver.

Monoloë deur: Bertolt Brecht en Mari Weber.

Die verloop van die opvoering het duidelik getoon dat Lois en Mari nog glad nie hul slag met toneelspel verloor het nie - inteendeel. Dan lyk die een soos Maretha Maartens en die ander soos Marieta van der Vyver - of wie is



nou wie? En het julle al iemand (Mari) gesien wortelskil op 'n stoel, met 'n skottel op die skoot en kaalvoete op die onderste reëling van die stoel? In 'n ander toneel stap 'n vrypostige nuwe buurvrou (Lois) die vertrek binne - tert in die hand en 'n sigaret tussen die vingers vir 'n oordadige verwelkoming! En so kan daar aangegaan word - telkens in ander humoristiese situasies waarmee die gaste totaal verras is.

So was dit ook met die ander voorstellings. Die 'verkleeprosesse' het telkens só vinnig gebeur dat die gaste skaars agtergekom het die twee verdwyn het en weer terug is. Nee-wat, hierdie twee dames is nog net so professioneel soos in hul beroepsjare, en 'n besige program van verdere optredes hou hulle steeds aan die gang. (Foto's: Anita Botha)

Hardus Botha



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 X H O E E Y R N E A Y A T U B S R
 S O V D E L U O R E S K A G R B T
 D C V O N R F R O T L E I D U T N
 S E R I T I I F A F N S L L B L O
 N I T D D E W N U I X V L F E E C
 G G B A R O K R G M J Z I T C B E
 G A B R I A O N E W H B G Q A T S
 I W A B Q O E H P W H V H W R A I
 A C B O D Y M X E X O E T I S E U
 K W I N D S H I E L D P E K E S R
 S D E F O G G E R T T H D L A H C
 Z N T A E S D L I H C T R N T A F

		8			9	7
			6	3		1
					8	2
1	2	9		8		
	5	4	1			9
			4			
2				7		5
		3		5		7
		7	3	2		6

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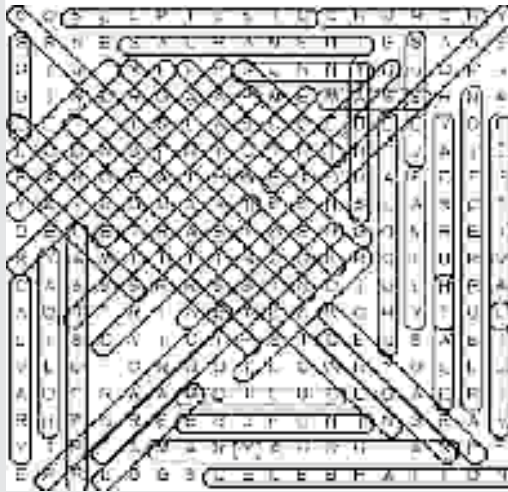
TRUNK
 WHEELS
 WINDSHIELD

Colour me in....



ANSWERS

6	8	1	2	9	3	7	5	4
4	9	2	7	6	5	8	1	3
7	3	5	8	1	4	6	9	2
8	1	9	3	2	7	4	6	5
2	4	3	5	8	6	9	7	1
5	6	7	1	4	9	2	3	8
9	5	6	4	3	2	1	8	7
3	2	8	9	7	1	5	4	6
1	7	4	6	5	8	3	2	9



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Here's a beauty - *Palpares speciosus* is a beautiful antlion with intricate wings, found in mountain fynbos habitats, especially fitting around at night. Their larvae are fierce predators, waiting patiently at the base of vegetation under the cover of sand grains for unsuspecting passing prey, with massive jaws often even bigger than the antlion's head! My, what big jaws you have - all the better to eat you with!
Phillipa Murray
(Grootbos Foundation)



Ontmoet mnr Boom, 'n gereelde besoeker by die Grootbos Omgewingsentrum. Die boomslang (*Dispholidus typus*) vervel sy vel vanaf die kop om groei moontlik te maak en parasiete te verwyder. Voor die vervelling begin, word die slang se vel dof en sy oë word ondeursigtig of blouerig. Gedurende hierdie tyd is die slang byna blind en skuil hy gewoonlik – dit staan bekend as die *Blou Fase*.

Tydens die vervellingsproses word die ou vel in een volledige stuk afgewerp, wat dikwels vergelyk word met die uittrek van 'n sok.
(Bron: Phillipa Murray, Grootbos Foundation)
Hardus Botha



OVERSTRAND MUNICIPALITY			OVERSTRAND-MUNISIPALITEIT			UMASIPALA WASE-OVERSTRAND		
PUBLIC WARD COMMITTEE MEETINGS			PUBLIEKE WYKSKOMITEE-VERGADERINGS			INTLANGANISO YEE WADI KOMITI KAWONKE-WONKE		
<p>Notice is herewith given that the public meetings for the wards mentioned below will take place on the dates and times as indicated to discuss public input on the draft IDP and proposed amendments and the draft Budget for the 2026/2027 financial year.</p>			<p>Kanris geskied hiermee dat die publieke vergaderings vir die ondergemelde wyke op die datums en tye soos aangetoon, sal plaasvind om openbare insette van die konsep-herstelling en voorgestelde aanpassings van die GOP en konsep Begroting vir die 2026/2027 finansiële jaar te bespreek.</p>			<p>Isiziso sinlewa apha soluba indlanganiso zoluntu lowindawo (wards) ezikhankarywe ngemzantsi ziza kaqhutywa ngemibha nomaxetha abonisiweyo, ukuze kuxatolewe ngemzantsi zoluntu kwi-IDP esayithwayo, izilinganisano zicacetywayo, kunye nokhulolwabiwo mali oluyidrafu lomnyaka-mali ka-2026/2027.</p>		
Ward	Date and Time	Venue	Wyk	Datum en Tyd	Lokaal	Wadi	Usuku Naxesha	Iedawo
1	Thursday 16 April 2026 18:00	Tourism Hall Gansbaai	1	Donderdag 16 April 2026 18:00	Toerismesaal Gansbaai	1	NgoLwesini 16 Epreli 2026 18:00	Ihola yoKhenketho eGansbaai
2	Monday 20 April 2026 18:00	Community Hall Masakhane	2	Mvundag 20 April 2026 18:00	Gemeenskapsaal Masakhane	2	NgoMvulo 20 Epreli 2026 18:00	KwiHolo loluntu Masakhane
3	Wednesday 15 April 2026 18:00	Auditorium Hermanus	3	Woensdag 15 April 2026 18:00	Ouditorium Hermanus	3	NgoLwesiThathu 15 Epreli 2026 18:00	Auditorium Hermanus
4	Wednesday 15 April 2026 18:00	Auditorium Hermanus	4	Woensdag 15 April 2026 18:00	Ouditorium Hermanus	4	NgoLwesiThathu 15 Epreli 2026 18:00	Auditorium Hermanus
5	Monday 13 April 2026 18:00	Community Hall Zwelihle	5	Mvundag 13 April 2026 18:00	Gemeenskapsaal Zwelihle	5	NgoMvulo 13 Epreli 2026 18:00	KwiHolo loluntu Zwelihle
6	Monday 13 April 2026 18:00	Community Hall Zwelihle	6	Mvundag 13 April 2026 18:00	Gemeenskapsaal Zwelihle	6	NgoMvulo 13 Epreli 2026 18:00	KwiHolo loluntu Zwelihle
7	Wednesday 15 April 2026 18:00	Auditorium Hermanus	7	Woensdag 15 April 2026 18:00	Ouditorium Hermanus	7	NgoLwesiThathu 15 Epreli 2026 18:00	Auditorium Hermanus
8	Wednesday 15 April 2026 18:00	Auditorium Hermanus	8	Woensdag 15 April 2026 18:00	Ouditorium Hermanus	8	NgoLwesiThathu 15 Epreli 2026 18:00	Auditorium Hermanus
9	Tuesday 14 April 2026 18:00	Town Hall Kleinmond	9	Dinsdag 14 April 2026 18:00	Stadsaal Kleinmond	9	NgoLwesibini 14 Epreli 2026 18:00	KwiHolo leDolophu Kleinmond
10	Tuesday 14 April 2026 18:00	Town Hall Kleinmond	10	Dinsdag 14 April 2026 18:00	Stadsaal Kleinmond	10	NgoLwesibini 14 Epreli 2026 18:00	KwiHolo leDolophu Kleinmond
11	Thursday 16 April 2026 18:00	Tourism Hall Gansbaai	11	Donderdag 16 April 2026 18:00	Toerismesaal Gansbaai	11	NgoLwesini 16 Epreli 2026 18:00	Ihola yoKhenketho eGansbaai
12	Monday 13 April 2026 18:00	Community Hall Zwelihle	12	Mvundag 13 April 2026 18:00	Gemeenskapsaal Zwelihle	12	NgoMvulo 13 Epreli 2026 18:00	KwiHolo loluntu Zwelihle
13	Wednesday 15 April 2026 18:00	Auditorium Hermanus	13	Woensdag 15 April 2026 18:00	Ouditorium Hermanus	13	NgoLwesiThathu 15 Epreli 2026 18:00	Auditorium Hermanus
14	Thursday 16 April 2026 18:00	Tourism Hall Gansbaai	14	Donderdag 16 April 2026 18:00	Toerismesaal Gansbaai	14	NgoLwesini 16 Epreli 2026 18:00	Ihola yoKhenketho eGansbaai

For any enquiries contact/Vir enige navrae kontak/Ngayo nayiphi na imibuzo qhakamshelana:
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Hermanus (Ward/Wyke/Wadi 3, 4, 5, 6, 7, 8, 12 & 13) @ 028 313 8968
Kleinmond (Ward/Wyke/Wadi 9 & 10) @ 028 271 8400

Team Stanford impresses at National Canoe Championships

"Fourteen athletes from our Team Stanford took part in the South African Canoe Sprint Championships in Pretoria, ranging from U/12 to 55+ age groups," said Phillipa Murray from the Grootbos Foundation. "The event spanned three intense days of racing, featuring K1 and K2 distances of 1000m, 500m and 200m, as well as the longer distances of 2km and 5km." She said the Stanford athletes gave their absolute all and were incredible to watch on the racecourse, making their way into finals, with some even finishing on the podium.



The excellent canoe team competed in the South African Canoe Sprint Championships in Pretoria.

Medal winners:

"We are immensely proud to announce the following medal winners," Phillipa said.
 u/14 Sakhe - 1000m K1 silver, 500m K1 bronze, 200m K1 bronze, 5km K1 bronze and Victrix Ladorum bronze;
 u/18 Emma - 1000m K1 silver, 1000m



Proud canoe paddlers.

gold in the K2 200m, making them the fastest Under-23 combination in South Africa." Phillipa said they are extremely proud of these two young men, who have been part of their canoeing programme since their first trip to the South African Championships eight years ago, when most of the Stanford paddlers finished close to the back of the field in all their races.

Hardus Botha

Weather Forecast / Weer Voorspelling

Wednesday	Thursday	Friday	Saturday	Sunday	Monday
08/4/2026	09/4/2026	10/4/2026	11/4/2026	12/4/2026	13/4/2026
23°	21°	21°	20°	21°	20°
Light Breeze 3 m/s from south-west 0 mm precipitation.	Gentle Breeze 4 m/s from south 0 mm precipitation.	Light Breeze 3 m/s from south-west 0 mm precipitation.	Light Breeze 3 m/s from west 0 mm precipitation.	Fresh Breeze 8 m/s from south-east 0 mm precipitation.	Gentle Breeze 4 m/s from west 0.1 mm precipitation.

Getytafels / Tide Tables

Dag / Day	High	High	Low	Low
10 April	0824	2201	0219	1509
11 April	1043	2332	0442	1701
12 April	1203	0024	0558	1804
13 April	1250	0103	0643	1849
14 April	1329	0140	0721	1927
15 April	1405	0200	0757	2004
16 April	0216	1441	0832	2040
17 April	0252	1441	0832	2040

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G-Bay Biltong en Deli Rolbaldag groot sukses by Franskraal Rolbalklub

“Die G-Bay Biltong en Deli Rolbaldag was weer eens 'n reuse-sukses,” het Kokkie de Kok die *Gans-Berg Nuis* meegedeel. “Die eienaar van G-Bay Biltong en Deli, De Wet Giliomee, het almal bederf met heerlike eetgoed en peuselhappies.” Dan was daar ook nog Elra le Roux se 'skougehalte'-wildspasteie wat sy vir die deelnemers gemaak het.

Alle pryse is deur G-Bay Biltong en Deli geborg, met De Wet Giliomee wat die prysuitdelings hanteer het. “Dit was 'n heerlike en gesellige dag waar ou vriende mekaar weer gesien het, terwyl nuwe vriendskappe ook gesmee is,” het Kokkie gesê.

Riviersonderend; 2de - Lani Swart se Franskraal-span; 3de - Charl Conradie se Franskraal-span; 4de - David Roos se Franskraal-span; 5de - Jurgens Schreuder se Franskraal-span; 6de - Koos Wentzel se span van Bonnievale. (Foto's: Marthie Booysen)

Uitslae:

1ste - Marchel Pretorius se span van

Hardus Botha



1ste: Marchel Pretorius se span van Riviersonderend.



2de: Lani Swart se Franskraal-span.



3de: Charl Conradie se Franskraal-span.

Gansbaai Gholfklub Peet en Leon palm 4BBB Stableford in



Koos Myburgh.



Leon Lombaard.



Peet Pretorius en Leon Lombaard.

Peet Pretorius en Leon Lombaard het Saterdag, 4 April 2026 se 4BBB Stableford ingepalm, met Peet wat met Woensdag, 1 April 2026 se Enkel Stableford Sloegterskompetisie ook 'n Spog Twee aangeteken het.

Woensdag, 1 April:

Leon Lombaard wen die Enkel Stableford Sloegterskompetisie met 38 punte, gevolg deur Werner Muller 37, JP Lauscher 36, Marietjie de Villiers 36, Rene Myburgh 36, Anton Jordaan 35, Dawie Viljoen 35, Clive Bailey 34, Johan Coetzee 34 en Chris Muller 34.

Naaste aan die pen op no 8 (geel bof): JP Laubscher. Spog Twee's: Peet Pretorius (15) en Chris Muller (11). Anton Jordaan wen die Boerpotputjies (8, 10 & 18).

Vrydag, 3 April:

Koos Myburgh wen die 9-putjie Enkel Stableford met 25

punte, gevolg deur Sakkie van der Merwe 21, Leon le Grange 19, Pero Heyns 19, Deon Momberg 18, Pieter Uys 17, Jacques Louw 16, Callie Lourens 14, Elmar Venter 13 en Jacobus Bothma 13.

Saterdag, 4 April:

Peet Pretorius & Leon Lombaard wen die 4BBB Stableford kompetisie met 46 punte, gevolg deur G Pienaar & N Loubser 45, Theuns van Schoor & Pieter Kruger 42, Jacques Louw & Elmar Venter 42, Johan Coetzee & Rene Myburgh 40, Berty Sassman & Cecil Galloway 40, Bev Swart & Anton Jordaan 38, Deon Coetzee & Joe Cesare 38, Clive Bailey & Marietjie de Villiers 37 en G Smith & C Smith 37.

Arend op no 16: Pieter Kruger.

Spog Twee's: Hugo Groenewald (11) en Elmar Venter (11). Naaste aan die pen op no 11 (geel bof): Elmar Venter.

Saterdag, 11 April:

Kompetisie is 'n Houespel.

Vrydag, 10 April:

Maandelikse Steekaand.

Verjaarsdae:

Joe Cesare (13de), Hendry van Appeldoorn (17de), Anton Goosen (17de), Werner Muller (18de) en Ethan Avenant (18de).

Groete, Johan Coetzee

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Gans-Berg Nuus/News

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"Déjà Vu" - Art Exhibition

The opening of the prestigious art exhibition themed "Déjà Vu", held on Thursday, 2 April 2026 at Die Hangkas in Groeneweide, Franskraal, was a special and convivial occasion. Belinda Burchell, herself one of the artists and the organiser of the exhibition, handled the welcome and explained to the guests the purpose of these regular exhibitions at Die Hangkas. She then introduced Greta Bath, a well-known psychologist from the area, to the audience.

"I want to share with you the secret lives of our brains," Greta began her presentation. "One's brain is a secret boarder - without you being aware of it or having any control over it, it stores sensory memories, including things you experience, see, smell and hear." She explained that *déjà vu* is a French term meaning 'already seen'. "It is a psychological illusion of a past memory or even an imagined memory," Greta said. "The brain deals with it by presenting a new experience as something familiar that seems to have happened before."

She described it as a fleeting sensation of having experienced a totally identical event in the past, while in reality it may never have happened. "It is also sometimes associated with so-called 'reincarnation', which suggests memories of oneself in another life." However, Greta explained that these processes have

nothing to do with spirituality or religion - they are purely the result of neurological processes over which we have no control. She presented several examples of different theories to the guests. In conclusion she said: "Déjà vu is nothing mystical; it is an interaction between stored memories and new experiences. It reflects the fragile balance between familiarity and recollection. It should not be confused with PTSD - intense or frequent occurrences should be investigated by a neurologist."

After Greta's interesting presentation, guests were invited to view the variety of paintings on display, while enjoying delicious refreshments. Bravo to Belinda and the large team of artists for an informative, interesting and sociable evening.

Artists who participated (in alphabetical order) were: Aviwe Jako, Bernard Odendaal, Belinda Burchell, Cathrynne Salter, Dorothy Janse van Vuuren, Elaine Baard, Elzette Moore, Jeff Batt, Léan van der Merwe, Linda Budde, Martha van der Westhuizen, Mimmie Pienaar, Natalie Dominique Louw, Nkosinathi Manuel Mhambi, Robyn Barriere, Ronelle van Tonder and Susan van Zyl.

(Pictures: Michelle van Zyl)

Hardus Botha



Gesinspret by Franskraal Rolbalbane

Franskraal Rolbalklub het op Saterdag, 4 April 2026 'n gesellige Sosiale Rolbaldag aangebied - met pret vir die hele familie. Spanne van vier het twee wedstryde gespeel. Rolballe is beskikbaar gestel aan dié wat nie het nie en 'n smaaklike boereworsrol was by die inskrywingsgeld ingesluit.

"Ek is verheug oor die fantastiese belangstelling in ons Rolbal-Familiedag wat ons gereël het," vertel Kokkie de Kok van die klub. "'n Gesellige atmosfeer het deurgaans geheers en dit was duidelik dat almal, hoe min hulle ook al van rolbal geweet het, die dag terdeë geniet het." Met die Gans-Berg Nuus se aankoms by die bane, was daar juis 'n deelnemer wat by Kokkie wou uitvind wat die doel van die wit balletjie is wanneer hy sy bal rol: "Moet ek teen die wit balletjie raak, of net naby daaraan lê?" Nou ja, onseker oor die reëls of nie - almal het die dag baie geniet.

Hardus Botha

