

GANSBAAI GHOLFKLUB/ GOLF CLUB

Nuusbrief 31 Julie Newsletter 31 Julie 2018



DIE MEES SUIDELIKE GHOLFBAAN IN AFRIKA THE SOUTHERNMOST GOLF COURSE IN AFRICA

Beste lede —Die jaar toon alle tekens van op sy rug val. Dis warm, dit voel soos lente en die baan is pragtig. Baie dankie vir die baanpersoneel wat dit deur hul toegewyde werk moontlik maak. Lees berig op bl 4. Vergewis jouself van die nuwe gholf voorgeestelsel wat volgende maand in werking tree of bly in die donker ... en dis nie 'n goeie plek vir gholf speel nie! Sien bl 5. Ons sosiale lede baat baie by oefening, sien berig op bl 6&7. **Onthou die Algemene Jaarvergadering op 2 Augustus om 17:30. Sien jou daar!**

*Dear members —The year is showing signs of ticking over. It is warm, it feels like spring and the course is looking fabulous. Thank you to the course personnel who through their dedicated work keep it in such a good condition. See page 4. Become acquainted with the new golf handicap system which comes into operation from next month or stay in the dark...not a good place to play golf! See pg 5. Our social members are really thriving with exercise, read more on 6&7. **Remember the Annual General Meeting on 2 August at 17:30. See you there!***



Our golf course looking magnificent, from the 18th green.
Ons gholfbaan wat fantasties lyk, vanaf die 18de setperk.

Baie welkom aan die volgende nuwe lede, mag jul in ons omgewing gedy.

A hearty welcome to the following new members, may you flourish in our surroundings.

Sosiaal / Social:

Dalene Tomlinson

Hartmut Mildner

Cassia Mildner

UPCOMING COMPETITIONS /KOMENDE KOMPETISIES

AUG			
1	WOEN	ENKEL STABLEFORD (SLOEG-TERS)	
3	VRY	9 PUTJIE- ENKEL STABLEFORD	OK FOODS
4	SAT	GEKOMBINEERDE STABLEFORD	
8	WOEN	ENKEL STABLEFORD (SLOEG-TERS)	
10	VRY	9 PUTJIE- ENKEL STABLEFORD	OK FOODSPLUS
11	SAT	4BBB STABLEFORD	LEDEDAG
15	WOEN	ENKEL STABLEFORD (SLOEG-TERS)	
17	VRY	9 PUTJIE- ENKEL STABLEFORD	OK FOODS
18	SAT	ENKEL STABLEFORD	LIGA OP SWELLENDAM
22	WOEN	ENKEL STABLEFORD (SLOEG-TERS)	
24	VRY	9 PUTJIE- ENKEL STABLEFORD	OK FOODS
25	SAT	HOUESPEL	
29	WOEN	ENKEL STABLEFORD (SLOEG-TERS)	
31	VRY	9 PUTJIE- ENKEL STABLEFORD	STEAK BRAAI/OK FOODS

LIGA NUUS

Die jongste uitslae is heel boaan die lys en die oudste uitslae heel onder. Ons ligaspan lê tans eerste in die Overberg liga. Mooi so manne ons het geweet jul kan dit doen!

Teen Riviersonderend: Ons span wen 4/2

Teen Bredasdp: Telling gelyk

Teen Caledon: Ons span wen 4/2

Teen Hermanus: Ons span wen 4/ 2

Teen Kleinmond: Ons span wen 4/ 2

Die ligaspan bestaan uit Pieter Loubser, Francois van der Merwe, Melvin Tobias, Daan Victor, Bev Swart en Lambert Smith. Lambert het ongelukkig sy rug beseer en sal nie in die finaal teen Swellendam speel nie. Dicky de Kock sal in sy plek speel.



COMPETITION RESULTS / KOMPETISIE UITSLAE

Sat 7 July / Julie Single/ Enkel Stableford

Winner / wenner Pieter Loubser with/ met 40 points/ punte.



Sat 14 July / Julie. 4BBB Stableford
Winners/ weners Solly Wessels & Leon Lombaard with / met 45 points / punte

Sat 21 July / Julie. Bonus Bogey

Winner / wenner Etienne Engelbrecht with/met +3.



Sat 28 July / Julie. Medal / Houespel.

Winner/ wenner George Hunt with/ met 67 net.

OUR GOLF CLUB'S GREEN KNIGHTS.



"Spyker" busy replanting grass for the new tee boxes at the 2nd/11th holes. This needs to be ready for the new handicap system kicking in beginning September. It is wonderful to see someone who takes such pride in his work.



Unfortunately Welcome Wulana is on leave so no photo is available.



Lambert Smith
Course Manager



Dicky de Kock
Greenkeeper



THE 18TH GREEN AND FAIRWAY FROM THE CLUBHOUSE

The current beautiful condition of the golf course comes from hours and hours of dedicated hard work by a small team of workers. Lambert Smith our Course Manager needs a Golden Golf Ball Award for his dogged determination to get this course to be the best possible with a typical 'small club' purse. His team of workers consist of Dicky, who looks after the greens as well as Spyker and Welcome. Hats off to you all for managing to do so much with so little. The course forms part a protected area and as such we have animal friends who also call it their home. Mice, porcupines and pheasants amongst others dig holes, scrub for food and burrow nests on the fairways. To persuade these fauna that the golf course is not the best place for their home is the next phase of course control.

New Handicap System

This image represents the major features of the new system. Enlarge the image to read the captions.
Information re the new handicap system was sent to all members by e-mail.

Highlights of the World Handicap System

These are some of the key features of the new system, supporting enjoyment of the game for golfers everywhere.



What is the World Handicap System (WHS)?

The World Handicap System (WHS) aims to bring six different handicap systems together into a single set of Rules for Handicapping, enabling golfers of different abilities to play and compete on a fair and equal basis, no matter how or where they play.

While the six existing handicap systems have generally worked very well locally, on a global basis, their different characteristics have sometimes resulted in inconsistency, with players of the same ability ending up with slightly different handicaps. This has sometimes resulted in unnecessary difficulties and challenges for golfers competing in handicap events or for tournament administrators. A single WHS will pave the way to consistency and portability.

Source: [Handicaps Network Africa \(HNA\)](#)

SOCIAL NEWS / SOSIALE NUUS



BAIE GELUK AAN JAN LE ROUX EN FRIKKIE VAN EEDEN WAT 'N HELE 80 JAAR OUD WORD. MAG JUL NOG LANK BY ONS KLUB AKTIEF WEES. HOE BLAAS MENS 80 KERSIES DOOD?

HAPPY BIRTHDAY

Many happy returns and may you (and your golf) prosper.

Baie gelukkige verjaarsdag en mag jy (en jou gholf) floreer.

AUGUST / AUGUSTUS

Golf members / Gholflede

- 1 Steve Muller
- 7 Jan le Roux (80 years!)
- 7 Kobus Burger
- 8 Astrid Lochner
- 9 Renier Viljoen
- 12 Kennith Smith
- 14 Frikkie van Eeden (80 years!)
- 26 Inus Muller
- 31 Duri Trechel

Social members/ Sosiale lede

- 3 Christelle Botes
- 6 Margie Muller
- 7 Wynand Bezuidenhout
- 17 Dee de Klerk

PROFILE SOCIAL CLUB MEMBER—SONIA MILDNER

Sonia Mildner may be a tiny scrap of lady but she certainly is dynamite in a package with many professional portfolios to boot. Her company is known as **Rethinkfitnessandhealth**.

She runs her Pilates classes at our golf club and her members are also all social members at our club. She is a qualified and has been active, in a variety of exercise and wellness disciplines, for the past 30 years.

Amongst these count: Fitness and nutrition professional; Personal fitness trainer; Relaxing muscle meditation; Pilates; Callanetics; Colon therapist; GUT hydro therapist; GUT motivational speaker; Live in wellness life coach; Author of lifestyle plans (hardcopy); Kids and teens fitness and health; Organiser and host of wellness workshops/ concerts; Wellness; Weight loss life coach; Distributor of diet, fat loss, wellness world renowned products; Healthy ready made snacks and meals available (lifestyle zone).

This is really an impressive list of qualifications and we are very happy that Sonia is utilising our club as her training centre. Sonia is willing to set up a programme for the golf guys. Contact her if you are interested, just think what you could achieve with a more supple body and better core strength. You can turn back the clock on an ageing body too, so why wait?

Sonia Mildner's contact details: 0728159118

Her website: www.rethinkfitnessandhealth.com

SONIA'S PILATE CLASSES



Left: SONIA'S PILATES STUDIO UPSTAIRS AT THE GOLF CLUB.
Right and bottom: HER CLASSES IN THE GOLF HALL. (Sonia is the lady in the centre of the practising group).



Van tyd tot tyd blaas mens se gholfskoene hul laaste asem uit. So het ons op Elle Mathee se gholfskoene afgekome by hierdie bof waar hul hul laaste rusplek gevind het.

Indien mens 'n gediggie of ode kan opdra aan gholfskoene sal daar sekerlik onsinnighede uitkom. Kan ons die klublede uitdaag om sulke gediggies te skryf? Dan plaas ek hul in die volgende nuusbrieff.

From time to time one's golf shoes give up the ghost. So we came upon Elle Mathee's golf shoes at this tee box where they found their last resting place. If one wrote a poem or ode to golf shoes I wonder what silliness would surface. Could we task our club members to write such an ode or poem? Then I shall publish them in the next newsletter.

*"Onse skoene het jou deur sand, modder en stof ver
van die skoonbaan gedra
Tot doer in die fynbos waar geen gholfer behoort te pla
By die klubhuis moes ons na menig stories luister
Glo my met stilbly is ons geteister
Maar nou ja... nou is ons op en klaar
En pryk daar nuwe skoene aan jou voete
voorwaar!" (Gina)*

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