

GANSBAAI



GOLF CLUB – GHOLFKLUB



1123, GANSBAAI 7220



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gbgholf@gmail.com

Newsletter November/December || Nuusbrief November/Desember

The Southernmost Golf course in Africa

Die mees Suidelike Gholfbaan in Afrika

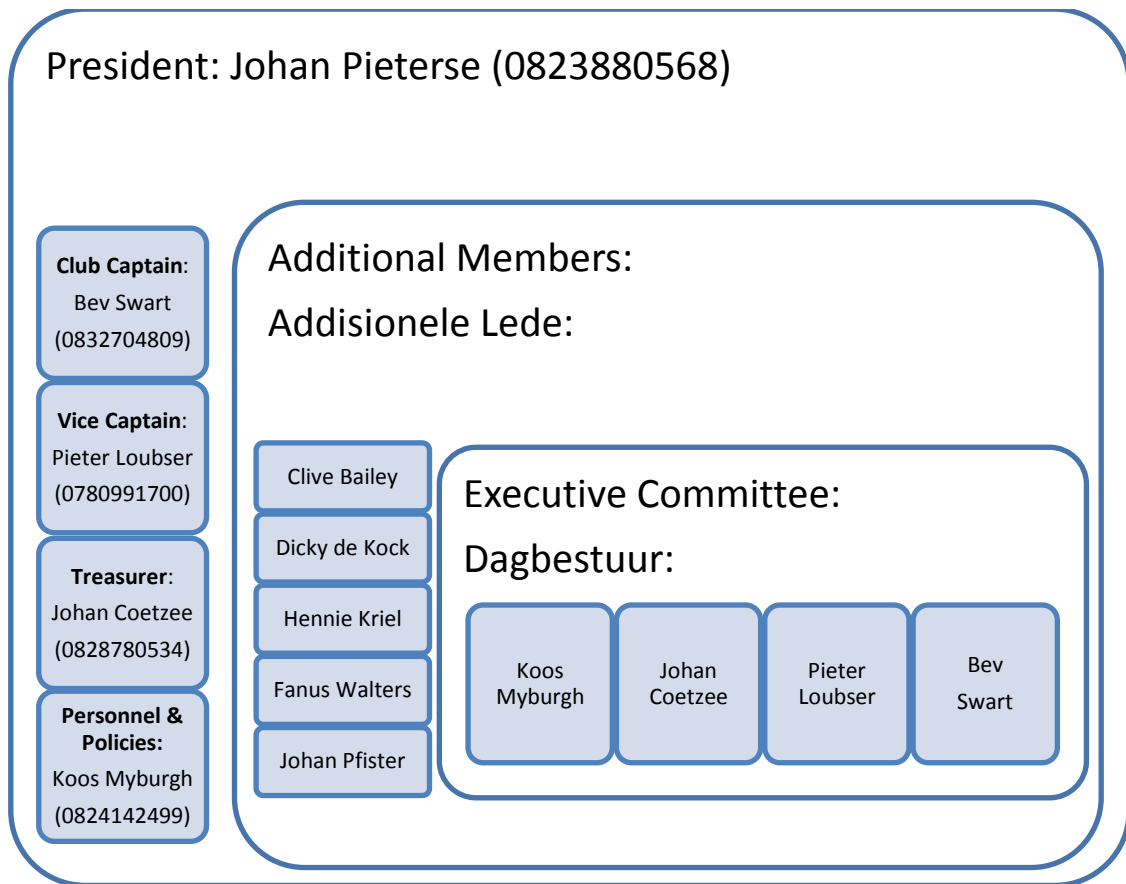
“A natural grass course, situated in Cape Fynbos with a touch of links in summer”

“’n Natuurlike grasbaan, geleë in Kaapse Fynbos met ‘n sweem *links* in die somer”



YOUR NEW CLUB COMMITTEE / U NUWE KLUBKOMITEE

(final revised edition / finale hersiene weergawe)



PORTFOLIOS: / PORTEFEULJES:

Competitions and Sponsors: / Kompetisies en Borge: Pieter Loubser & Johan Pfister

Buildings: / Geboue: Hennie Kriel & Johan Pieterse

Newsletter and Media: / Nuusbriewe en Media: Fanus Walters & Johan Coetzee

Policy and Personnel Matters: / Beleid en Personeelsake: Koos Myburgh

Handicaps: / Voorgee's: Johan Coetzee & Pieter Loubser

Course: / Baan: Dicky de Kock

Finance, Stock and Insurance: / Finansies, Voorraad en Versekering: Johan Coetzee & Clive Bailey

CLUB NEWS / KLUBNUUS

- *Competition results/Kompetisie-uitslae, Sat/Sa 2 Nov, Medal/Houespel*
No play, but the Bokke took the World Cup for the third time by thrashing the Roses!!!
Geen spel nie, maar die Bokke wen die Wêreldbeker vir die derde keer deur die Rose pak te gee!!!
- *Competition results/Kompetisie-uitslae, Sat/Sa 9 Nov, 4BBB Stableford, "Greenkeepers Revenge":*
Winner:/Wenner: Leon Hattingh (photo/foto)



- *Competition results/Kompetisie-uitslae, Sat/Sa 16 Nov, 4BBB Stableford, Green fees for prize money/Speelfooie vir prysgeld:*
Winners:/Wenners: Cecil Galloway & Andrew Dalgliesh, 45 pts/pte (photo/foto)



- *Competition results/Kompetisie-uitslae, Sat/Sa 23 Nov, Stableford, Combined Medal/Gekombineerde Houspel:*

Winners:/Wenners: Clive Bailey & Daan Victor, 146 nett/netto (*photo/foto*)



- *We thank and congratulate Steve Muller (braai master), Hennie Kriel (braai master), Dickie de Kock (chips), Leon Hattingh (tables & barman), Anne Hattingh (tables & draw lists), Dean Wallace (barman), Frances Swart (flowers & balloons) and Sakkie van der Merwe (money and brandy draw) for hosting another very successful Steak-and-Chips Evening on Fri 1 Nov. Ninety people attended and had a wonderful social event. Money raised at this event, goes for upgrading the interior of the clubhouse.*

Our next Steak-and-Chips evening will be on the 6-th of December. If you do not like to miss out on a social, book your tickets in advance!

Ons bedank en wens Steve Muller (braaimeester), Hennie Kriel (braaimeester), Dickie de Kock (slaptjips), Leon Hattingh (tafels & kroegman), Anne Hattingh (tafels & lootjielyste), Dean Wallace (kroegman), Frances Swart (blomme & ballonne) en Sakkie van der Merwe (geld- en brandewyn lootjies), geluk met die aanbod van nog 'n baie geslaagde Biefstuk-en-Slaptjips Aand. Negentig mense het dié sosiale geleentheid bygewoon. Fondse wat hiermee ingesamel word, word aangewend om die interieur van die klubhuis op te gradeer.

Ons volgende Biefstuk-en-Slaptjips aand sal op 6 Desember aangebied word. As u nie dié sosiale geleentheid wil misloop nie, boek asb u kaartjie vooruit!

- Dicky de Kock and his workers, recently collected bags of litter in the shrubs adjacent to our fairways, tee-off boxes and greens.



We urge all golf players and visitors to please utilise the refuse bins, placed all over the course. Let us strive to be “The Southernmost Golf Course in Africa with Blue Flag Status”!

Dicky de Kock en sy werkers het onlangs sakke vol vullis opgetel in die struik langs ons skoonvelde, afslaan-bowwe en setperke. Ons versoek alle gholfspelers en besoekers om asseblief gebruik te maak van die vullishouers wat oral op die baan geplaas is. Kom ons streef daarna om “Die mees Suidelike Gholfbaan in Afrika met Blou Vlag Status” te wees!

- *Make a note and book in advance!!!*

**Renault Sponsored Golf Day (2-ball Scramble) hosted by André Roux
&**

“Oppiestoep” Coastal Tour, hosted by Pietman and Andries

Date: 16 Dec 2019

Maak 'n nota en bespreek vroegtydig!!!

**Renault Gholfdag (2-bal Beurtspeel), aangebied deur André Roux
&**

Oppiestoep Kustoer, aangebied deur Pietman en Andries

Datum: 16 Des 2019

UPCOMING COMPETITIONS / KOMENDE KOMPETISIES

Participate and enjoy your member benefits !!!

Neem deel en geniet die voordele van jou lidmaatskap !!!

DESEMBER 2019			
DATE / DATUM	DAY / DAG	COMPETITION / KOMPETISIE	INFORMATION: TIME / SPONSORS INFORMASIE: TYE / BORGE
1	Sun/So	SINGLE/ENKEL STABLEFORD	BEGIN 10:00
4	Wed/Wo	SINGLE/ENKEL STABLEFORD	Yearly prize giving "Sloegters" Jaarlikse prysuitdeling "Sloegters"
6	Fri/Vr	9 HOLE/PUTJIE SINGLE/ENKEL STABLEFORD	STEAK BRAAI
7	Sat	4BBB STABLEFORD	MEMBER DAY / LEDEDAG
8	Sun/So	SINGLE/ENKEL STABLEFORD	BEGIN 10:00
11	Wed/Wo	ENKEL/SINGLE STABLEFORD	
13	Fri/Vr	9 HOLE/PUTJIE SINGLE/ENKEL STABLEFORD	OK FOODS
14	Sat	SINGLE/ENKEL STABLEFORD (SLOEGTERS)	SPONSORED DAY / BORGDAG DISTELL
15	Sun/So	SINGLE/ENKEL STABLEFORD	BEGIN 10:00
16	Mon/Ma	2 BALL/2-BAL AMERICAN SCRAMBLE	SPONSORED DAY / BORGDAG RENAULT WORCESTER
18	Wed/Wo	SINGLE/ENKEL STABLEFORD	
20	Fri/Vr	9 HOLE/PUTJIE SINGLE/ENKEL STABLEFORD	
21	Sat	2 BALL/2-BAL AMERICAN SCRAMBLE	OK FOODS GANSBAAI CLASSIC
22	Sun/So	SINGLE/ENKEL STABLEFORD	BEGIN 10:00
27	Fri/Vr	9 HOLE/PUTJIE SINGLE/ENKEL STABLEFORD	
28	Sat	SINGLE/ENKEL STABLEFORD	INTER TOWN / INTERDORP (SEXTUS)
29	Sun/So	SINGLE/ENKEL STABLEFORD	BEGIN 10:00

DECEMBER BIRTHDAYS / DESEMBER VERJAARSDAE

Happy Birthday dear member !!! / Veels geluk geagte lid !!!

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- Koos Myburgh

14

- Pietie Dry
- Spook Hitge
- Martiens Nel

19

- Gabriel Smith

23

- Henry Graham

24

- Gerty Karg
- Helga van den Berg

25

- Fanus Walters

30

- Mel Knox

31

- Cecil Galloway

GOLF GAME TIPS: / GHOLF WENKE:

Distance matters.

Every golfer is always looking for ways to add more distance to his/her game. Whether it's an extra 20 meters off the tee, or being able to hit an 8 iron instead of a 7 iron on your approach shot, hitting the ball further can make the game easier and more enjoyable.

So, what's the SECRET to getting more distance?

It's simple really - **more speed!** The faster your club head is traveling when it impacts the ball, the faster the ball will be traveling toward the target, and the further it will fly.

The PGA TOUR's most elite players are able to achieve club head speeds in excess of 120 miles per hour, and ball speeds in excess of 170 miles per hour.

What most golfers don't understand is that creating speed like this is NOT about swinging fast or swinging hard. It's about **moving your body** in a very special sequence...



To MAX out your distance focus on sequencing your swing in this order...

- 1. Lower body.** Your glutes are the largest muscles in your body, and putting them to work in your golf swing is essential if you want to create big time distance. From the top of your backswing your legs should fire first, driving and rotating toward the target.
- 2. Core.** As soon as your legs begin to drive and rotate toward the target, the muscles in your core should become active - working to transfer that energy that your lower body has created to your shoulders and arms.

3. Upper Body. Pulled by your legs and your core, your upper body will have no choice but to begin to rotate toward the target. As your arms begin to drop they will be working to transfer the energy you are creating through to your club head like they are cracking a whip.

Next time you're on the driving range take a few slow motion practice swings to feel this proper sequence. Once you get it down you'll be amazed by how much distance you can add to your game WITHOUT swinging any harder.

Source: support@golfgame.tips

PLEASE NOTE!

MEMBERSHIP/SUBSCRIPTION FEES:

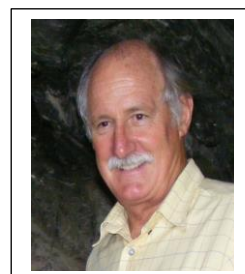
PLEASE DIRECT ALL QUERIES REGARDING MEMBERSHIP

TO JOHAN COETZEE, TREASURER gbgholf@gmail.com

THANK YOU!

This Newsletter was compiled by Fanus Walters.
You are welcome to contact the Club at:
Hierdie Nuusbrieff is deur Fanus Walters opgestel.
U is welkom om die Klub te kontak, by:

Golf email: gbgholf@gmail.com
Web address: https://xplorio.com/gansbaai_golf
Facebook: Gansbaai Gholfklub/Golf Club



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