

GREAT WHITE HOUSE

RESTAURANT, SHOP AND ACCOMMODATION



We hope you enjoy our high quality, locally-sourced food and one of our many fine wines beneath Southern Africa's largest privately owned Southern Right Whale skeleton exhibit.

Enjoy our children's play area and dog friendly area outside. If you would like to spend more time in Gansbaai, our accommodation options may be just what you are looking for. We can quote for special events.





Chef Chris Peard

Cooking with fresh Kelp

South Africa's coastline is abundant with a wide diversity of seaweeds and invasive mussel species that can be harvested.

Chef Chris Peard forages on our coastline weekly and turns these sustainably harvested ingredients into an ocean inspired meal

Seaweed has shown key nutritional benefits with over 90 different nutrients and 58 minerals and trace elements. It is believed to have antibacterial, antiviral and antiparasitic properties and is said to have more Vitamin C than oranges, ten times the calcium of milk and 25 times the iron in beef.

Different types of seaweed are used in dishes at the Great White House. - We suggest you try one from all the different colour groups:

- Green: Sea lettuce, ulva, codium
- Brown: Kelp, hanging wrack
- Red: Nori, tongue weed

 Dishes prepared with Kelp

v Vegetarian

v Vegan



Breakfast

Served till 11am

V	Breakfast Muffin with Butter, Jam and Cheese	R58
V	<i>Vegan Gluten Free Muffin on request</i>	
V	Granola Bowl	R72
	Fruit, Yoghurt, homemade Granola	
	Full English	R118
	2 Eggs, 2 Rashers of Bacon, Grilled Herb Tomato, Pork or Beef Sausage, Sauté Potatoes or Crumbed Mushrooms, served with Toast	
	Small English	R60
	2 Rashers Bacon, 1 Egg, Grilled Tomato and Sauté Potatoes served with Toast	
	Savoury Mince Toast	R78
	Gratinated with Cheddar Bechamel Sauce	
	Eggs Benedict	
	Toasted English Muffin	
	• with Bacon	R88
	• with Smoked B'Bos Trout	R95
	Omelettes	R110
	Two egg omelette with a little bit of everything on	
	Cheese Omelettes served with Toast and Jam	
	Folded 3 Egg	R48
	Open 2 Egg	R38
	Extra Fillings	
	• Cheddar Mozzarella	R13
	• Feta Cheese	R14
	• Bacon	R18
	• Salami	R17
	• Ham	R12
	• Peppadew	R15
	• Mixed Peppers	R10
	• Mushrooms	R14
	• Spinach	R8
	• Tomato	R7
	• Onion	R6
V	Chickpea, Mushroom and Mixed Peppers Scrambled "Egg" on Toast	R65
V	Vegan Full English Breakfast	R118
	Sausage, Baked Beans, Crumbed Mushrooms, Grilled Herbed Tomato, Sauté Potatoes	
V	Chickpea Flapjacks	R78
	with Banana, Pecans and Golden Syrup	
V	Bruschetta Trio	R75
	Avo and tomato Avo and Chickpea Baked beans and Pan-Fried Mushroom	

Breakfast Muffin with Butter, Jam and Cheese



Reduce, Reuse, Recycle

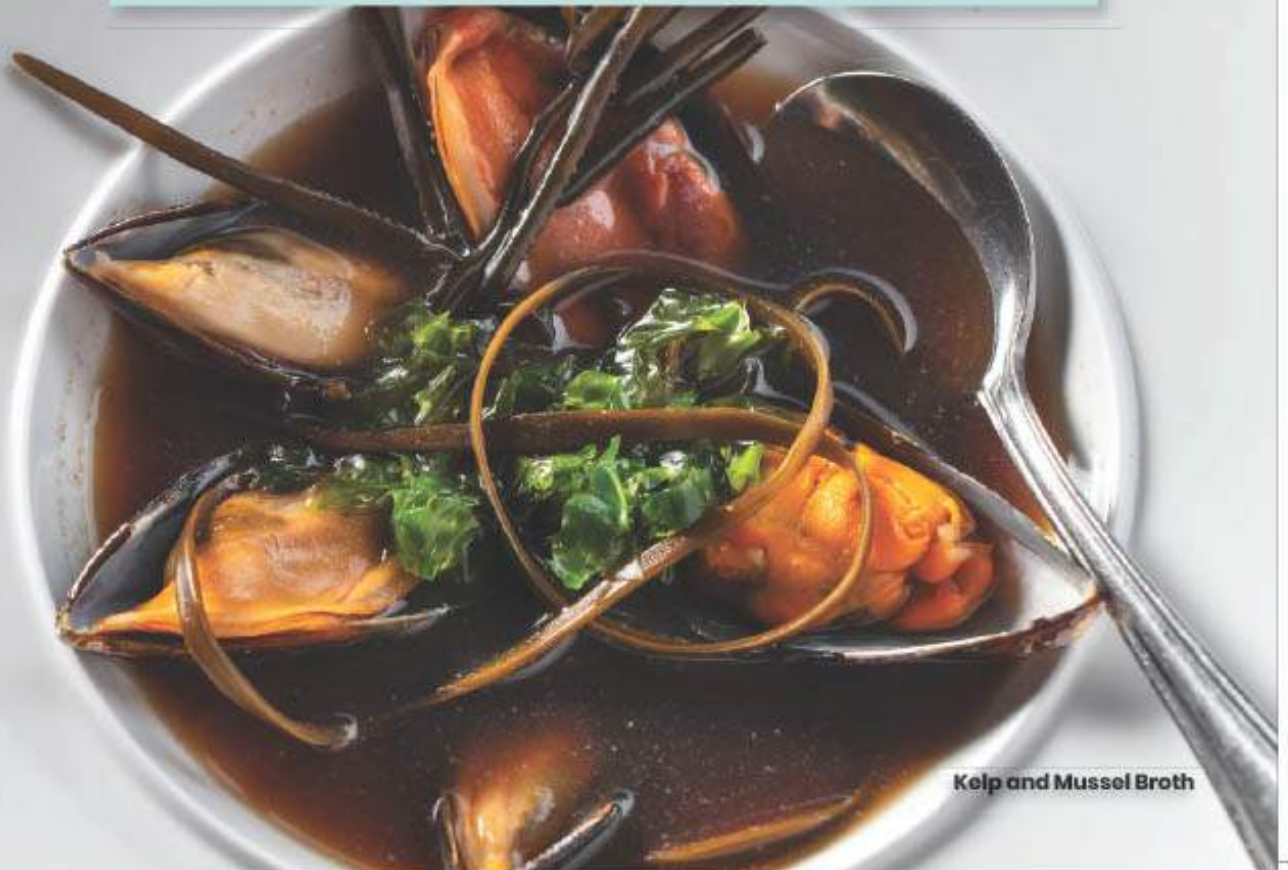
We use **NO** sugar sachets, butter or jam holders, to prevent added waste.

Starters

Chicken Liver with Sherry Cream sauce and Herbed Bruschetta	R58	✓ Crumbed Mushrooms with Tartar Sauce	R58
🌿 Prawn Spring Rolls with Seaweed Gremolata	R60	🌿 Kelp and Mussel Broth	R65
✓ Deep Fried Camembert, Pickled Samphire and Red Onion Chutney	R75	✓ Cheesy Garlic Bread	R58
🌿 Braised Abalone and Mushroom in Crisp Seaweed Basket	R98	✓ Cauliflower "wings" with Cashew Sauce	R55
Black Forest Ham, Feta and Melon	R90	🌿 Minced Abalone Cakes, Oyster and Sea Lettuce Mousse, Kelp Crackers and Klipkombers Citrus Oil	R185

Did you know:

- Mussels are sedentary and fix themselves to substrata such as rocks by byssal threads or "beards". These chitinous threads are produced as a liquid which then sets in the seawater.
- Mussels feed entirely on plankton. They can filter up to 65 litres of water a day.
- Tasty, nutritious and low in sodium and saturated fat, mussels provide a readily absorbed source of B & C vitamins, amino acids, Omega 3 fatty acids and vital minerals including iron, manganese, phosphorus, potassium, selenium and zinc.
- Ounce for ounce mussel meat contains more protein than beef stock, much less fat, many more mineral nutrients and a quarter of the calories.



Kelp and Mussel Broth

Light Meals

Fried Chicken Burger Guacamole, Mozzarella and Pickled Jalapeno	R110
Beef, Cheddar and Bacon Burger	R128
Black Bean Burger	R98
Steak and Mozzarella Baguette Thinly sliced Sirloin Steak, Green Pepper and Onion gratinated with Mozzarella	R125
Cajun Chicken Strips and Salad	R95
Spinach, Grilled BBQ Mushrooms and Onion, Vegan Cheese, Grilled Baby Marrow Baguette	R100

Above served with Fries

Open Gourmet Sandwiches on
Home baked Bread (Brown or white)

Gypsy Ham, Cheddar with Cocktail Tomatoes, Dijon Mustard and Pickles	R78
Shredded Chicken, Basil Pesto Mayonnaise, Rocket, Peppadews and Roasted Pine Nuts	R75
Bacon, Egg, Rocket, Gratinated with Cheddar, topped with Red Onion Chutney	R80
Smoked Trout, Cucumber, Lemon Dill Cream Cheese and Dune Spinach	R88

Pasta

Beef Lasagne and Salad	R115
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Sustainability

Across all aspects of the Great White House, efforts are made to minimise the impact on the environment: recycling, low energy light bulbs, solar geyser, less packaging, a vegetable garden servicing the restaurant, grey water, paper straws and more. Local employment and staff training are paramount.

The restaurant supports local industries from wine, beer and even the fynbos flowers decorating the tables.



Beef, Cheddar and Bacon Burger

Salads

- V **Roasted Beetroot Feta Cheese Salad** R68
Beetroot, Rocket, Avo, Feta and Pecan Nuts
- Chargrilled Chicken, Pineapple and Avocado Salad** R88
with Garlic and Cumin Dressing
- Sticky Beef salad** R110
Grilled Rump steak on crunchy Asian Cabbage Slaw
- Smoked Trout, Baby Potato, Pea Shoots, Apple and Cherry Tomato Salad** R105
with Lime Dill Dressing
- V  **Sea Greens Salad** R70
- V  **Asian Style Tofu on Crunchy Cabbage Salad** R75



Chargrilled Chicken, Pineapple and Avocado Salad

Fresh from our Vegetable Garden



Some of our vegetables and herbs are straight from our own garden.

Oysters



Oysters are low in calories, low in fat and a good source of protein which makes you feel fuller after eating. Oysters are a good source of other essential nutrients. These include vitamins A, E, and C, zinc, iron, calcium, selenium, and vitamin B12.



Monofilament Line



To mitigate entanglement of our marine animals, we encourage all fishermen to dispose of their fishing line in the fishing line bins found along the South African Coastline. The Dyer Island Conservation Trust started the fishing line bin project in 2010, right here in Gansbaai.



Support WWF's sustainable food




To check the sustainability of your seafood choice in real time, type the name of the fish or other seafood into a text message to 079-499-8795 or visit <https://wwfsassi.co.za/tools/>



**Grilled Linefish with Tartar Sauce
or Garlic Butter**

Fish & Seafood

 **All Fish spiced with Seaweed
Ground Spice**

Below served with Rustic Cut Fries and
Vegetables in Season

Herb Battered Hake with Tartar Sauce	R135
Herb Battered Hake and Deep-Fried Calamari Combo	R155
Deep Fried Calamari Strips	R135
Grilled Linefish and Deep-Fried Calamari Combo with Tartar Sauce or Garlic Butter	R170
Grilled Linefish with Tartar Sauce or Garlic Butter	R145
Grilled Kingklip with Lemon Caper Butter and Green Asparagus on Rice	R225

Pan-Fried Garlic Prawns **R285**
with Homemade Sweet Chilli, Savoury
Rice and a Side Salad

Deep Fried Squid Heads, Seaweed Rice, **R120**
**Garlic Wasabi Mayonnaise and a Side
Salad**

Seafood Platter for two **R560**
2 Battered Hake, ½ portion Abalone, Mussels
in Garlic, Fish Cakes, Prawns, Deep-Fried
Calamari with Rustic Fries and Rice
or

2 Grilled Linefish, Mussels in Garlic, Deep
fried oysters, Fish Cakes, Prawns Deep-Fried
Calamari with Rustic Fries and Rice **R505**

Mussels in Cream Sauce **R125**
with Garlic Brochette

Medley of Seafood **R185**
on Tagliatelle or Kelp ribbons

Deep Fried Whitebait (Sprats) **R110**
with Asian Cabbage Salad, Coastal Plant
Citrus Mayonnaise and Sweet Black
Pepper Dip

Abalone with Nori Rice and Salad
• Full **R390**
• Half **R245**

Oysters **R28**
each



*Signature Dish -
Abalone with Nori Rice*

We have a permit to sell farmed Abalone

Main Courses

All served with Vegetables in Season

 Beef Fillet Medallions with Bacon Wrapped Prawn Tails, Red Laver Potato cake	R228
Barbecue Rump (250g) with Caramelized Onion, Cream Cheese, Avocado and Rustic Fries	R180
Coffee Rubbed Sirloin Chimichurri and Rustic Fries	R175
Pork Fillet with Blueberry, Apple Sauce and Mash Potatoes	R135
Pork Belly Slow roasted with Vermouth Jus, Chili Relish and Mashed Potatoes	R175
 Ostrich Fillet with Cape Gooseberry, Kelp, Red Pepper Sauce and Deep-fried Baby potatoes	R170
Chicken Fillet with Bacon, Spinach, Mozzarella, Red wine Jus and Rustic Fries	R155
Sticky Pork Ribs with Rustic Fries	R180
 Tagliatelle with Roasted Pepper, Garlic, White beans and Mushroom Sauce	R105

Curry Dishes

All served with Vegetables in Season

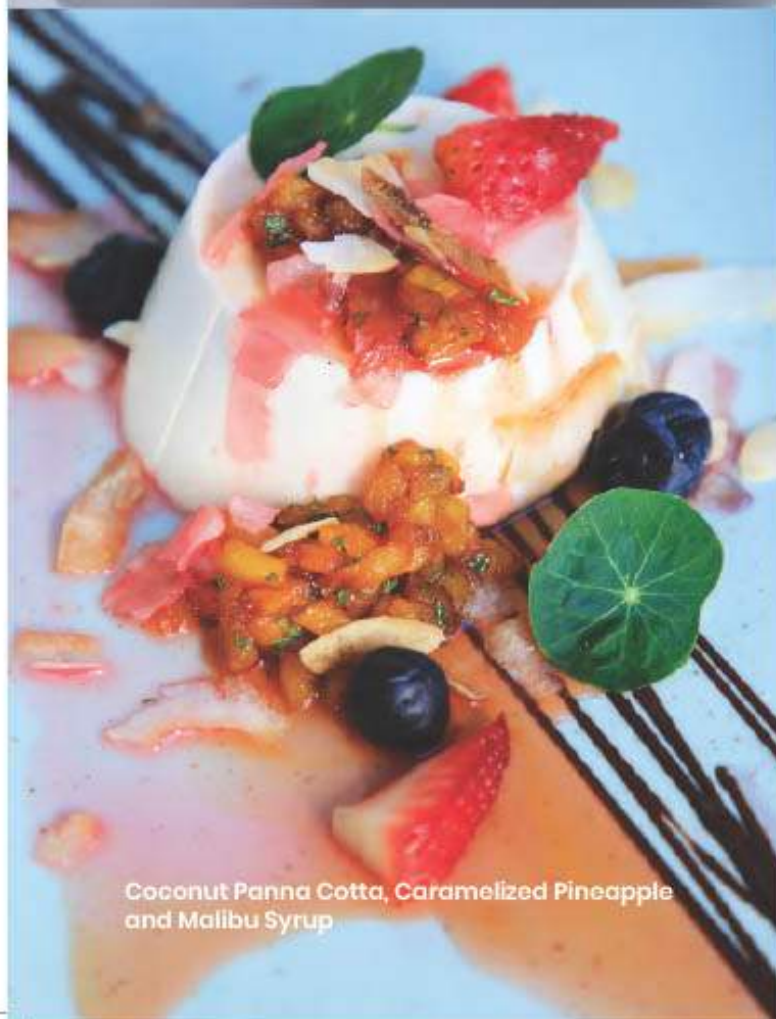
Lamb Curry with Basmati rice, Tomato and Onion Sambals and Naan	R165
Creamy Chicken and Mango Curry with Basmati rice, Tomato and Onion Sambals and Naan	R125
Bobotie, Yellow Rice and Raisins, Banana and Apricot Chutney	R118
 Cauliflower, Spinach, Baby Marrow Curry with Lentil Rice	R98



Barbeque Rump



Ice Cream with Chocolate Sauce



Coconut Panna Cotta, Caramelized Pineapple and Malibu Syrup

Kids Menu

Scrambled Eggs on Home Baked Toast	R40
Chicken Strips and Chips	R55
Calamari and Chips	R60
Fish Cakes and Potato Wedges	R50
Kiddies Cheese Burger and Chips	R58
Mac and Cheese with Bacon	R50
Portion Vegetables	R20
Ice Cream with Chocolate Sauce	R25

Desserts

Honey Comb Pudding with Tin Roof Ice Cream	R48
Passion Fruit Pudding with Ginger oat Crumble and Cold Custard	R55
Chocolate Coffee Mousse. Caramel layer with Ice Cream and Mint, Pine Salsa	R55
Coconut Panna Cotta, Caramelized Pineapple and Malibu Syrup	R45
Vanilla Crème Brule with Sweet Pastry, Almond Twists	R50
Peppermint Crisp Mousse	R45
V Trio of Sorbet	R55
V Fudgy Chocolate Brownies with Coconut banana Ice Cream	R58
Malva Pudding Custard and Vanilla Ice Cream	R55

Slices of Cake

Cheese cake	R58
Carrot cake	R60
Chocolate cake	R50
Apple Crumble and Ice Cream	R40

Beverages

Hot

Americano	R28
Caffé Latte	R35
Filter Coffee Decaf Filter Coffee (Hot or Cold Milk)	R30
Cappuccino Decaf Cappuccino	R32
Flavoured Coffee available: Hazelnut Vanilla	
Baby Chino	R15
Chocochino	R32
Hot Chocolate	R38
Chai Latte	R35
Espresso	
• Single	R22
• Double	R28
Irish Coffee (Alcohol)	
• Single	R38
• Double	R62
Red Cappuccino	R32
Green Tea	R25
Earl Grey Tea	R25
Rooibos Tea	R25
English Tea	R25



Cold

Milkshake	
• Large	R40
• Small	R26

Flavours: Banana, Strawberry, Chocolate, Lime, Bubble Gum, Coffee, Vanilla

Dom Pedro (Alcohol)	
• Single	R45
• Double	R65

Iced Coffee	R29
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Soft Drinks & Fruit Juice

Coke, Coke Light, Coke Zero, Tab, Fanta Orange, Sprite, Sprite Zero, Cream Soda	R25
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Apple or Orange Juice	R20
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Lemon Iced Tea	R25
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Appletizer Grapetizer	R28
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Mixers:	R22
Ginger Ale, Coke, Coke Light, Pink Tonic, Lemonade, Tonic Water, Dry Lemon, Soda Water	

Tomato Cocktail	R28
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Lime Kola Tonic Passion Fruit	R15
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Bitters	R12
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Rock Shandy (Alcohol)	R55
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Beer & Cider

Draught – 340ml | 500ml

- Birkenhead Honey Blonde R45 | R50
- Birkenhead Premium Lager R45 | R50

Glass Bottles

- Heineken R30
- Windhoek Lager R30
- Castle Lager | Light R28
- Black Label R28
- Peroni Nastro Azzurro R40
- Windhoek Draught R35

- Hunters Dry | Gold R32
- Savanna Dry | Light R32
- Smirnoff Storm R32

Non – Alcoholic

- Bavaria R28
- Heineken Zero R32
- Savanna Lemon R32
- JC Le Roux Sparkling Wine R160

Mineral Water

- Filtered Tap Water Free

Sparkling Water

- 500ml R18
- 1L R30

Say NO to Plastic Straws!



Sadly, millions of straws are collected every year in beach clean-ups around the world. We do have paper straws available on request.



Save Water



Our tap water is safe to drink. Did you know that we save up to 20 000 water bottles every year by using reusable cups instead!



Liquor

Various & New Gins

Gordons	R22
Bombay	R28
L-Gin Award Winning Gin	R35
<i>(Locally Produced in the Elgin Valley)</i>	
<i>ask your Waiter for the flavours</i>	
Inverroche Classic	R35

Rum

Captain Morgan Dark	R25
Red Heart	R22
Bacardi	R22

Whiskey

J&B Bells	R25
Jameson Jack Daniels	R30
Johnnie Walker Black Label	R36
Bains – Wellington	R30

Brandy

Klipdrift	R25
Olofberg Richelieu	R25
KWV 3 year	R25
Boschendal Potstill 10 year	R45

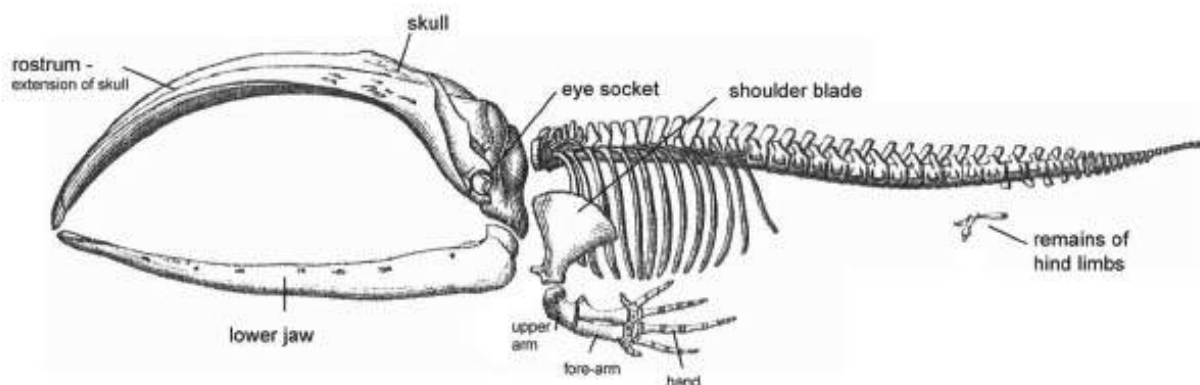
Other

Hennesy Cognac	R45
Cape To Rio Cane	R20
Smirnoff Vodka	R22
Omega Gold Tequila	R25
Jägermeister	R26
Sambuca Black Gold	R25

Liqueurs

Amarula	R25
Kahlua	R28
Peppermint	R28

Meet Suzi our Southern Right Whale



Southern Right Whale *Eubaleaena australis*

Displayed overhead is the authentic skeleton of a fully grown female Southern Right Whale, retrieved from a carcass washed up in Blue Water Bay, near Pearly Beach, in September 2005. The Whale's death was likely the result of a collision with a ship.

The reconstructed bone fractures are indicated by contrasting brick colours on the skeleton. The process of restoration took seven years. It was mounted here in May 2012. The floating bones towards the rear of the skeleton are the remains of the hind

limbs – it serves the purpose of holding the sexual organs in position. The hind legs of these mammals were lost in the evolution of their species.

Life size replicas of the ear, eye and heart have been placed in the skeleton, along with some baleen plates. Each upper jaw would have 222 baleen plates used for filter feeding of plankton.

The skeleton is 14m long and weighs 1,5 tons. An adult southern right can weigh up to 60 tons.

Other Whale and Dolphin skeletons on display in the Great White House:

Indo-Pacific Bottlenose Dolphin
Pygmy Sperm Whale
Long-beaked Common Dolphin



The Birkenhead

The HMS Birkenhead was wrecked at Danger Point near Gansbaai, 87 miles (140 kilometres) from Cape Town on 26 February 1852, while transporting troops to Algoa Bay.

Only 193 of the estimated 643 people on board survived, and the soldiers' chivalry gave rise to the unofficial *"women and children first"* protocol when abandoning ship, while the *"Birkenhead drill"* of Rudyard Kipling's poem came to describe courage in the face of hopeless circumstances.

The wreck of the Birkenhead lies less than 2km from land, in 30 metres of water. The collection of artefacts at the Great White House is from the archaeological and salvage excavation of 1986-88 in the search for the supposed treasure - 250,000 pounds in *"specie"* (gold and silver coins), which was the military pay packet for the troops fighting up in East London.



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African Penguin and Seabird Sanctuary

Visit our world class rehabilitation center for seabirds. Entrance is free. Open daily from 9am to 4pm. You can observe the feeding of the penguins at 3pm. Coffee and curio shop on site. Cakes supplied by the Great White House.

www.dict.org.za

