

Breakfast

served until 11am

All menu items are prepared with fresh, free-range, non-GMO Eggs

Dishes prepared with Seaweed

Vegetarian

Vegan

with Grilled Mushroom and Tomato Jam

Breakfast Muffin	-				Cheese Omelettes served with Toast and Jam
with Butter, Jam and Cheese				R50	Folded 3 Egg
				R40	Open 2 Egg
<b>Granola Bowl</b> Fruit, Yoghurt, homemade Granola	R90	$\bigcirc$			
Trait, Togrial t, Homemade Granola					Extra Fillings
				R14	Cheddar   Mozzarella
Full English	R158			R16	Feta Cheese
2 Eggs, 2 Rashers of Bacon, Grilled Herb Tomato, Pork or Beef Sausage,				R20	Bacon
Sauté Potatoes and served with Toast				R19	Salami
				R14	Ham (Gypsy)
Small English	R68			R16	Peppadew
2 Rashers Bacon, 1 Egg, Grilled Tomato	1100			R12	Mixed Peppers
and Sauté Potatoes served with Toast				R14	Mushrooms
				R8	Spinach
Savoury Mince Toast	R95			<b>R7</b>	Tomato
Gratinated with Cheddar Bechamel Sauce				R6	Onion
Eggs Benedict			<b></b>	R98	Vegan Croissant
Toasted English Muffin with Bacon	R98				with Cocktail Tomatoes, Avocado and Basil Pesto Drizzle
Toasted English Muffin with Smoked Trout	R125				Bushi i esto Brizzie
French Toast with Bacon and Maple Syrup drizzle	R75		•	R102	<b>Chick Pea Flapjacks</b> with Banana, Pecans and Golden Syrup
Omelettes Two egg omelette with a little bit of everything on	R125		<b>&gt;</b>	R90	Spinach and Mushroom Vegan Open "Omelette"
			<b>&gt;</b>	R75	French Toast in Chickpea Custard

Main Menu

## served after 11am

All chicken dishes can be upgraded to pasture-raised chicken for an additional cost of R30

Dishes prepared with Seaweed Vegetarian Vegan

Sarlers

**Chevin and Caramelized Onion Tarts** R75 R158 Abalone Chowder with Sticky Pecans and Preserved Fig **Duck Pancake R95** R60 **Beetroot Carpaccio** with Plum Sauce with Plant Based Cheese Shavings and Toasted Pecan Nuts **Springbok Carpaccio with Shaved Parmesan** R168 **Cheesy Garlic Bread R60** Roasted Pine Nuts, Rooibos Balsamic Reduction **Crumbed Mushrooms Prawn Spring Rolls** R85 (1) **R70** with Seaweed Gremolata with Tartar Sauce Cauliflower "wings" **Kelp and Mussel Broth** R75 **R90** 

with Cashew Sauce



R75 🕪

R85 🕪

R85 🕪

R85 (w)

Fine Lettuce, Pea Shoots, Cocktail Tomatoes,
Julienne Cucumber, Red Onion, Roasted
Pumpkin Seeds, Pomegranate arils, Candied
Pecan Nuts with Pear Vinaigrette

**Avocado, Cilantro, Crisp Carrot and Orzo** Celery, Red Pepper, Red Cabbage, Onion, Ginger, Toasted Cashew Nuts, Garlic and Corn with Zesty Thai Dressing

Mixed Greens, New Potatoes, Green Beans, Sliced Radish, Cherry Tomatoes, Hard-Boiled Eggs, Kalamata Olives, Capers and Red Onions with Zesty Lemon-Dijon vinaigrette

Sweet Pineapple and Avocado
Carrot Ribbons, Red Onion, Tomato Cocktail,
Cucumber, Mixed Lettuce, Basil, Chia seeds,
Grilled Baby Marrow Ribbons with Garlic and
Cumin Dressing

**Beetroot, Baby Spinach**Mixed Greens, Red Onions, Cucumber, Grilled
Butternut, Dried Cranberries and Toasted
Almonds with Vinaigrette

**W** R95 Sea Greens and Glass Noodle Salad

Bean Glass Noodles , Sea Lettuce, Red Laver,
Kelp, Codium, Mixed Peppers, White Onions,
Cocktail Tomatoes with Asian Dressing

**Miso Glazed Rainbow Coleslaw** 

Red Cabbage, Green Cabbage, Kelp Ribbons, Julienne Carrots, Baby Spinach, Rocket, Apple, Sesame Seeds, Fennel, Sunflower Seeds and Raisins

**Add to Salad** 

**R58** Rump Steak

R73 Prawn Meat

R36 Grilled Chicken

**R65** Smoked Trout

**R65** Warm Goats Cheese (Panko Crumbed)

R40 Tofu

light Meals

 № R98 Beef, Cheddar and Bacon Burger R140 **Crispy Cajun Cauliflower Wings** Roasted Chickpeas, Avocado Lemon Crema, **Shredded Lettuce** Lamb Burger, Beetroot Relish R145 R120 Beef Lasagne and Salad Grilled Chicken Thigh Burger R130 **Pita Breads** Pepperoni, Mozzarella and Avocado with R95 Chicken, Bacon, Avocado Ranch Chilli Mayonnaise **R98 BBQ Pulled Pork** Coleslaw, and Pickled Samphire Steak and Mozzarella Baguette R130 Thinly sliced Sirloin Steak, Green Pepper and R105 Balsamic Glazed Mushroom Onion gratinated with Mozzarella Goat Cheese, and Rocket R85 Gypsy Ham, Mozzarella, Cajun Chicken Strips R125 with Caramelized Onion and with Salad and Red Pepper Chutney Whole Grain Mustard Corn and Chickpea Burgers R100 (?) **R28 Add Extra Rustic Cut Chips** 

with Smoky Tomato Sauce

**Above served with Rustic Fries** 

Figh & Seafood

W All Fish spiced with Seaweed Ground Spice

<b>Herb Battered Hake</b> with Tartar Sauce	R165	
Herb Battered Hake and Deep-Fried Calamari Combo	R195	
<b>Grilled Linefish</b> Garlic Butter or Tartar Sauce	R175	
Grilled Linefish and Deep-Fried Calamari Combo	R198	
<b>Deep Fried Calamari Strips</b> with Tartar Sauce	R140	
Above served with Rustic Cut Fries and Vegetables in Season		
Pilchards, Kelp Strips with Spicy Tomato Jam on Savoury Rice with Salad	R135	<b>W</b>
Mussels in Cream with Herbed Bruschetta	R138	
<b>Deep Fried Sprats (Whitebait)</b> with Asian Cabbage Salad, Tulbaghia Aioli and Sweet Black Pepper Sauce	R120	<b>(b)</b>
Oven Roasted Garlic, Lime and Chilli Prawns	R250	<b>(b)</b>

Seaweed Rice and Salad

eed	Ground	Spice			
<b>(b)</b>	R345	Citrus, Dill Seared Norwegian Salmon with Herbed Orzo and Vegetables in Season			
	R185	<b>Mixed Seafood and Kelp Marinara Linguine</b> Prawns, Calamari, Mussels and Linefish in a rich tomato kelp marinara sauce with a hint of Chilli			
	R168	<b>Calamari Steak Piccatta</b> Seaweed linguine and Vegetables in Season			
	R245	Pan Fried Kingklip (Herbed Hollandaise) with Steamed Samphire and Garlic Butter Roasted Baby Potatoes			
	R645	Seafood Platter for two 1 Battered Hake, 1 Line Fish, Mussels in Cream, Fish Cakes, Prawns, Deep-Fried Calamari with Rustic Fries and Rice			
	R835	Abalone, 1 Battered Hake, 1 Line Fish, Mussels in Cream, Fish Cakes, Prawns, Deep-Fried Calamari with Rustic Fries and Rice			
<b>(1)</b>		Abalone with Seaweed Rice and Salad			
	R535	Full			
	R320	Half			
	R30 ea	ach Oysters			
R35 each Oyster Mignonette					

Rustic cut chips and Asian Cabbage Salad

R145 "Hake" Goujons

**(V)** 

Main Courge

All served with Vegetables in Season

Barbecue Rump (250g) R195

with Caramelized Onion, Crème Fraiche, Avocado and Potato Wedges

Beef Rib Eye R195

with Roasted Garlic, Bone Marrow Butter and Rustic Fries

Beef Fillet R235

with Green Peppercorn Sauce and Mashed Potatoes

**Braised Beef Short Rib** R205

with Horseradish and Mashed Potatoes

Ostrich Fillet R190

with Red Wine Mushroom Sauce and Buttered Baby Potatoes

R190 Pork Sirloin on the Bone

with Mustard, Kelp, Tarragon sauce with Roasted Baby Potatoes

R195 Pork Belly

with Maple Bourbon Glaze and Apple compote and Mashed Potatoes

**W** R185 Grilled Deboned Chicken Thighs

with Rustic Tomato-Bacon Sauce on Seaweed Linguine

**R210** Sticky Pork Ribs

and Rustic Fries

(V) R178 Black Bean and Chickpea Schnitzel

with Mushroom, Coconut cream Sauce

Lamb Curry R175

with Basmati Rice, Tomato, Onion Sambals and Flat Bread

**Bobotie R195** 

with Yellow Rice and Raisins, Banana and Apricot Chutney

R190 Creamy Chicken and Mango Curry

with Basmati rice, Tomato and Onion Sambals and Flat Bread

R195 Lentil, Nut Bobotie with Chickpea "Custard"

with Yellow Rice with Raisins and Apricot Chutney



Savoury Mince Linguine	R70	R50	Macaroni and Cheese with Ham
Chicken Strips and Chips	R70	R28	Ice Cream with Chocolate Sauce
Chicken Burger and Chips	R65	R35	Kids Milkshakes
Scrambled Eggs and Toast	R45		Banana   Strawberry   Chocolate   Lime Bubble Gum   Vanilla
Fish Cake and Chips	R55		
			<b>~</b>

<b>Sticky Date Toffee Pudding</b> with Vanilla Ice Cream	R55	<b>⊘</b> R65	Vegan Chocolate Tart
<b>Ginger Pudding</b> with Butterscotch sauce	R60	<b>⊘</b> R65	Fudgy Chocolate Brownies with Coconut banana Ice Cream
<b>Double Coffee Panna Cotta</b> topped with Chocolate Ganache and Pecan Brittle	R65	R40	Salted Caramel Ice Cream with Chocolate Sauce and Caramelized Pecan Nuts
Strawberry and Chocolate Mousse and Rose Macerated Strawberries	R78	R68 R70	Slices of Cake Cheese cake Carrot cake
<b>Dark Chocolate and Beetroot Brownies</b> with Pecan Caramel and Hazelnut cream	R55	R60 R50	Citrus Cake Apple Crumble and Ice Cream
Crème Brulé	R78		

with Lemon Curd

Cold Beverages

P Alcoholic beverage

<b>Milkshake</b> Crafted with fresh fruits and premium vanilla ice cream	R55		R25	Coke   Coke Light   Coke Zero   Tab Fanta Orange   Sprite   Sprite Zero   Cream Soda
Banana   Strawberry   Vanilla   Coffee   Chocolate			R25	Iced Tea
Pressed Juices	R55		R28	Appletizer   Grapetizer
Orange				Mixers
100% Freshly Squeezed			R22	Ginger Ale   Coke   Coke Light   Pink Tonic
<b>Green</b> Cucumber, Baby Spinach, Pineapple,				Tonic Water   Lemonade   Dry Lemon Soda Water   Tomato Cocktail
Apple, Lemon			R15	Lime   Kola Tonic   Passion Fruit
<b>Golden Juice</b> Pineapple, Apple, Carrot		•	R55	Rock Shandy
Add Ginger Shot	R20			Kombutcha
Apple or Orange Juice	R20		R	Flavour 1   Flavour 2   Flavour 3

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<b>'</b>			SOM	e ra	ges
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**Dom Pedro** 

**Iced Coffee** 

Single

Double

**R50** 

**R70** 

**R35** 

Espresso			R40	Hot Chocolate
Single Double	R22 R28		R35	Chai Latte
Americano	R28	•		Irish Coffee
			R38	Single
Cappuccino	R32		R62	Double
Caffé Latte	R35		R32	Red Cappuccino
<b>Coffee</b> (Hot or Cold Milk)	R30		R25	<b>Tea</b> English   Rooibos   Green   Earl Grey   Lemon Peppermint   Honey Ginger
Flavoured Coffee	R10			reppermint   Honey diliger
Babychino	R15		R10	Add vanilla/hazelnut
Chocochino	R32		R10	Add extra double shot

R18

**R30** 

**Mineral Water** 

Sparkling | Still

350ml 500ml



Draught	340ml	500ml			Ciders
Birkenhead Honey Blonde	R45	R50	ı	R32	Hunters Dry   Gold
Birkenhead Premium Lager	R45	R50	ı	R32	Savanna Dry  Light
			ı	R32	Smirnoff Storm
Gla	ss Bottle				
ŀ	Heineken	R30			Non-Alcoholic
Windho	ek Lager	R30	ı	R32	Heineken Zero
Castle Lag	er   Light	R28	ı	R32	Savanna Lemon
Bl	ack Label	R28	ı	R160	JC Le Roux Sparkling Wine
Windhoek	Draught	R35			



Gins			Other
Gordons	R22	R45	Hennesy Cognac
Bombay	R28	R20	Cape To Rio Cane
Award Winning Gin L-Gin	R35	R22	Smirnoff Vodka
(Locally Produced in the Elgin Valley) Ask your Waiter for the flavour		R25	Olmega Gold Tequila
Inverroche Classic	R35	R26	Jägermeister
		R25	Sambuca Black   Gold
Rum			
Captain Morgan Dark	R25		Liquers
Red Heart	R25	R25	Amarula
Bacardi	R22	R28	Kahlua
		R28	Peppermint
Whiskey			
J&B   Bells	R25		
Jameson   Jack Daniels	R30		
Johnnie Walker Black Label	R36		
Puna du			
Brandy			

Klipdrift

KWV 3 year

Olofberg | Richelieu

Boschendal Potstill 10 year

**R25** 

**R25** 

**R25** 

**R45**