



EATERY & ROASTERY

# MENU

In the Spirit of Excellence



Cappuccino



Bacon & Feta Tramezzini



Via's Flapjack Stack

Strawberry Frezo



Signature Platter



Granoula Bowl

Breakfast Platter



Chris' Double Up



Eggs Benedict





## Breakfast (all day)

We bake our own farm style bread in-house. Where a bread option is available, please choose from white, brown, seeded, ciabatta, sourdough or gluten-free.

**Breakfast Platter** - The perfect start to your day with mini croissants, bacon, scramble egg, small Belgian waffle, fresh seasonal fruit & greek-style yogurt with Via's mixed berry compote

**For One -**

**R115**

**For Two -**

**R180**

**Via's Flapjack Stack** - Served with bacon, maple syrup and roasted banana

**R89**

**French Toast** - Via's homemade brioche and free-range eggs served with bacon & maple syrup

**R89**

**Bacon & Banana Croissant** - Large Croissant served with crispy streaky bacon, grilled banana and our homemade aubergine Cardamom jam

**R85**

**Oats Bowl** - Pure organic cooked rolled oats, served with seasonal fruit, cinnamon, honey & milk

**R85**

**Health Breakfast** - Via's roasted granola, greek style yogurt, honey & fresh seasonal fruit

**R85**

**Full Farmhouse** - Two eggs your way, two rashers bacon, boerewors / pork sausage, mushrooms, thyme roasted tomatoes and hashbrown served with your choice of toast & local preserves

**R98**

**The Keto Breakfast** - Two eggs your way, two rashers bacon, mushrooms, thyme roasted tomatoes & avo (seasonal)

**89**

**Bacon & Egg** - Two eggs your way, two rashers bacon, thyme roasted tomatoes & your choice of toast, butter & jam

**R75**

**Via's To Go Breakfast** - For the not so hungry:

One egg, one bacon rasher, thyme roasted tomato, toast, butter & jam

**R45**

**Avo & Halloumi Toast** - Your choice of toast with freshly sliced avo (seasonal), pan-fried halloumi topped with a fried egg

**R98**

**Avo & Egg Toast** - Toast from our daily selection with freshly smashed avo (seasonal), feta, topped with two eggs your way served with our homemade tomato chutney & fresh seasonal greens

**R95**

**Eggs Benedict** - Two eggs your way, on toasted English muffin or two hashbrowns with silky smooth hollandaise

**R90**

+With bacon, ham or spinach

+With smoked salmon

**R105**

**R125**

**Salmon Toast** - Your choice of toast with cottage cheese, smoked salmon, seasonal greens & lemon wedge

**R125**

**The Veggie Brekkie** - Mix seed toast with hummus, vegetable ribbons, apple, fresh greens & seeds

**R85**

**Via's Chicken Livers & Toast** - Creamy, curried chicken livers served our way with your choice of toast

**R85**

**Via's Frittata** - A three cheese frittata with chopped spinach, served with a green salad & pesto

**R95**

**Omelette** - A delicious three egg omelette with your choice of filling served with a slice of toast

**Fillings** - Bacon, mushroom, cheese, ham, tomato, spinach, feta

Two fillings **R85** Three fillings **R95** Four fillings **R105**

**Pure Organic Beef Mince Omelette** - Served with tomato chutney on the side

**R105**

**Via's Mince on Toast** - Lean, organic pure beef mince, on your choice of toast & topped with fried egg, served with our homemade tomato chutney

**R105**

**Add on** - Egg 10, Ham 20, Bread slice 10, Bacon 25, Onion 10, Beef patty 40, Tomato 20, Banana 10, Cheese 30, Veggies 35, Salmon 80, Hummus 20, Halloumi 40, Olives 25, Mushrooms 20, Hashbrown 20, Boerewors 35, Chips 25, Double chips 50, Pork banger 25, Avo half 25, Gluten free bread slice 15, Side salad 30



## Toasted Tramezzini / Toasties

Served with salad or fries.

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|--|-------------|
| <b>Bacon &amp; Feta Tramezzini</b> - Pan fried bacon with basil pesto and cubed feta & seasonal greens     | <b>R95</b>  |
| <b>Ham, Cheese &amp; Tomato Tramezzini</b> - We serve this classic with mixed greens & whole grain mustard | <b>R95</b>  |
| <b>Chicken Mayo Tramezzini</b> - Another classic tramezzini with chicken mayo served our way               | <b>R105</b> |
| <b>Bacon, Egg &amp; Cheese Tramezzini</b> - Pan fried bacon, fried egg & cheddar cheese                    | <b>R95</b>  |
| <b>V Vegetarian Tramezzini</b> - Creamed spinach with cubed feta & sliced sweet pepper                     | <b>R95</b>  |

## Wraps

Served with salad or fries. - **Gluten free wrap +R15**

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|---|-------------|
| <b>Bacon, Feta &amp; Avo Wrap</b> - With seasonal greens and cucumber strips the Via's way                                | <b>R95</b>  |
| <b>V The Vegan Wrap</b> - With vegan mayo, seasonal greens, cucumber, avo (seasonal), carrot, red cabbage strips & tomato | <b>R95</b>  |
| <b>The Chicken Wrap</b> - Grilled chicken breast with seasonal greens, bacon, avo & sweet chili mayo                      | <b>R105</b> |

## Sandwiches

Served with a side salad or a portion of chips

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| <b>Open Goat's cheese Sourdough</b> - Via's sourdough bread topped with our home-made date butter, goat's cheese, crispy bacon & fresh seasonal greens                   | <b>R105</b> |
| <b>V Open Yellow Toast</b> - Your choice of bread topped with hummus, spiced, roasted butternut served with roasted mixed seeds and pesto                                | <b>R105</b> |
| <b>Open Cubed Chicken</b> - Your choice of bread topped with a grilled chicken breast, cubed & mixed with our spicy mayo, basil pesto, sun-dried tomato and sesame seeds | <b>R110</b> |
| <b>Open Ham &amp; Cheese</b> - Your choice of buttered toast topped with pesto, smoked ham, cheese & seasonal greens   | <b>R95</b>  |

## Light Lunch

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|--|-------------|
| <b>Beef Fillet</b> - 200g Tender beef fillet grilled to your liking with a portion of fries & a small salad<br><b>+ Add a sauce R20 : Mushroom, Pepper or Cheese</b> | <b>R198</b> |
| <b>Prawn &amp; Chicken Curry</b> - Served with basmati rice, accompanied by poppadom & tomato salsa  | <b>R155</b> |
| <b>Butter Chicken</b> - A fragrant butter chicken served with basmati rice, tomato salsa & poppadom. The secret is in our sauce!                                     | <b>R145</b> |
| <b>Ouma Lida's Famous Boboti</b> - Pure organic beef mince boboti made in a truly South African way. served with chutney, yellow rice & sambal                       | <b>R145</b> |
| <b>Chicken Schnitzel</b> - Crumped homestyle chicken fillet served with fresh garden salad, chips and sauce of your choice<br>Mushroom / Cheese / Pepper             | <b>R145</b> |
| <b>Quiche Of The Day</b> - Via's Home baked Quiche served with chips or a fresh garden salad with dressing on the side   | <b>R75</b>  |





## Salads

- V Apple, Cranberry, Grape & Pecan Nut** - Mix seasonal greens topped with fresh apple, cranberries, pecan nuts, grapes, celery, feta & yogurt, mayo & honey dressing on the side **R99**
- Via's Roast Chicken & Orange** - Pan fried free range chicken breast served on seasonal greens with toasted pumpkin seeds, orange segments, honey mustard onions & dressing on the side **R130**
- Smoked Salmon** - Seasonal greens topped with 80g of smoked salmon ribbons, fresh avo (seasonal), cucumber, tomato, feta with dressing on the side  
**+ Add poached egg R10** **R135**
- V Quinoa** - Pan fried spinach, red onion, fresh garden peas, olives, feta, fresh tomato on a bed of quinoa with honey dressing on the side **R105**
- V Butternut & Couscous** - Roasted butternut, beetroot red cabbage & red pepper strips on a bed of couscous topped with mix seeds & dressing on the side **R105**

## Via's Burgers

**Add a sauce R20 - Cheese, Pepper or Mushroom**

- Chris' Double Up** - Two 180g pure organic home-made beef patties served on a toasted roll with mayo, lettuce, tomato, gherkins, onion marmalade & slice of cheddar cheese served with a portion of chips  
**\*Choose either chicken, beef or a combination of the two** **R145**
- Bacon & Beef** - Our signature 180g pure beef patty wrapped in streaky bacon on a toasted roll with tomato, gherkins, mayo, cheese, onion marmalade & seasonal greens topped with crumbed onion rings served with a portion of chips **R130**
- Cheese & Mushroom** - Our signature 180g pure beef patty served on a toasted roll with mayo, seasonal greens, topped with gherkins, tomato, onion marmalade, local cheese, a creamy mushroom sauce & a portion of chips **R120**
- Smoked Beef** - 180g Pure beef patty served our way with mayo, seasonal greens, gherkins, tomato, onion marmalade, cheese & a delicious smoked barbeque burger sauce with a portion of chips **R115**
- Chicken & Feta** - Free range grilled chicken breast, mayo, gherkins, tomato, onion marmalade, feta, seasonal greens on a toasted roll with a portion of chips **R120**
- V Vegetarian** - A generous home-made vegetarian patty, fresh tomato, gherkins, avo (seasonal), grilled mushrooms, onion marmalade & fresh greens on a toasted roll served with a portion of chips **R115**

## Via's Platters

**Meaty Platter** - With smoky barbeque chicken wings, cocktail meatballs, crumbed panko prawns, mini beef sosaties, crumbed mushrooms, onion rings with a portion of chips & dressing on the side

**For One -**  
**For Two -**

**R180**  
**R280**

**Fisherman's Platter** - With panko crumbed squid rings, breaded butterfly prawns, chunky cod bites, a portion of battered hake fillet & crab chunks served with onion rings, a portion of chips, crumbed mushrooms, lemon wedge & dressing on the side

**For One -**  
**For Two -**

**R170**  
**R280**

**Signature Platter** - With biltong, droëwors, olives, cheeses, cold meats, fruits, hummus, apple chutney & thinly sliced toasted ciabatta

**For One or Two -**

**R195**



## Kiddies Choices

**Crumbed Chicken** - Pop or Strips served with chips **R85**  
**Kiddies Burger & Chips** - Grilled Chicken Fillet / Beef / Vegetarian **R85**

## Something Sweet

**Hot Mud Pudding** - A rich, moist chocolate pudding steam baked to perfection, soaked in a rich syrup & covered with a gooey chocolate sauce served with chocolate shavings & a scoop vanilla ice cream **R89**

**Ice Cream & Chocolate Sauce** - Three scoops vanilla ice cream covered with a sweet & decadent chocolate sauce **R70**

**Via's Flapjacks & Ice Cream** - Flapjacks topped with chocolate sauce, vanilla ice cream & seasonal fruit **R70**

**Affogato** - One scoop vanilla ice cream and a shot espresso on the side **R50**

**Cakes** - We take pride in our cakes on offer so please visit our display or ask your waitron **R55**

**Cheesecakes** **R65**

**Muffins** - Ask your waitron about our gourmet muffins **R45**

**Scones & Cream** - Two generous home-made scones served warm with cream & strawberry jam **R50**

**Via's Scones, Jam & Cheese** - Two generous home-made scones served warm with butter, jam & cheese **R50**

**Croissant** - With butter & preserves **R40**

## Cold Drinks

**Gourmet Milkshakes** - Our milkshakes are served the Via's way with delicious toppings. Please Advice your waitron should you not require any toppings  
**Small - R35 / Large - R45**

**Chris' Gourmet Double Up Milkshakes** - Make your milkshake a double thick Choose Your Flavour - Strawberry / Chocolate / Banana / Bubblegum / Lime / Salted Caramel / Blueberry / Peanut Butter / Bar One / Lemon Meringue / Vanilla **R55**  
**Gourmet Flavours** - Aero / Pistachio White Chocolate / Ginger Bread / Popcorn / Turkish Delight / Dragon Fruit

**Fruilata** - Blend of fruit juice & vanilla ice cream. Orange / Mango **R49**  
**Mixed Berry Smoothie** - Blend of frozen mix berries, greek yogurt, banana & peanut butter **R49**  
**Peanut Butter Smoothie** - Blend of peanut butter, honey, banana & milk **R49**

**Freezo's** - Freezo's are delicious blended cold drinks with ice, gourmet ingredients & hand picked syrups **R45**

**Choose Your Flavour** - Cappuccino / Toffee Caramel / Swiss Chocolate / Mix Berry / Pina Colada / Strawberry / Lemonade / Pistachio White Chocolate / Turkish Delight / Dragon Fruit

**Freshly Squeezed Juice** - Pure Orange / Apple, Carrot & Orange / Cucumber, Apple & Mint **R40**

**Fruit Juice by Glass** - Mango / Orange **R30**  
**Lemonade** - Frozen traditional lemonade or lemon mint crush **R40**  
**Ice Tea** - Lemon / Peach / Berry **R25**

**Soda Cans** - Coke / Coke-Zero / Fanta Orange / Creme Soda / Tonic / Sugar free tonic / Grapetizer / Appletizer / Lemonade **R25**

**Bottled Water** - 500ml Still or Sparkling **R15**  
**Bottled Water** - 1L Still or Sparkling **R28**





## Coffee

	Single	Double
<b>Via's Coffee Tasting</b> - Our top three coffee blends, roasted right here in the Via's roastery paired with Von Geasau chocolates	<b>R50</b>	
<b>Espresso</b>	<b>R28</b>	<b>R30</b>
<b>Americano</b>	<b>R28</b>	<b>R30</b>
<b>Cappuccino</b>	<b>Small R32</b>	<b>Large R34</b>
<b>Flat White</b>	<b>R32</b>	<b>R34</b>
<b>Latte</b>	<b>R32</b>	<b>R34</b>
<b>Red Latte</b>	<b>R32</b>	
<b>Latte Macchiato</b>	<b>R40</b>	
<b>Mocca</b>	<b>R40</b>	
<b>Add</b> - Almond Milk / Oat Milk / Condensed Milk	<b>R12</b>	

## Hot Drinks

<b>Hotties</b> - Our hotties are served with steamed milk in your favourite flavour <b>Choose Your Flavour</b> - Swiss Chocolate / Brazilian Hazelnut / Areo / Ginger Bread French Vanilla Mocca / Decadent White Chocolate / Pistachio White Chocolate	<b>R45</b>
<b>Chai Latte</b>	<b>R45</b>
<b>Hot Chocolate</b>	<b>R45</b>
<b>Via's Hot Chocolate</b>	<b>R55</b>
<b>Tea</b> - Ceylon / English Breakfast / Earl Grey / Rooibos / Pure Green / Chamomile	<b>R25</b>

## Alcoholic Beverages

<b>Gabrielskloof White</b> - Sauvignon Blanc / Chenin Blanc	<b>R190</b>
<b>Sparkling Wine</b> - Villiera Traditional Brut (375ml)	<b>R160</b>
<b>Sparkling Wine</b> - Villiera Traditional Brut (750ml)	<b>R353</b>
<b>Delphine Wines - Local handcrafted wines</b>	
<b>SMG</b> - A full bodied dry red	<b>R195</b>
<b>Shiraz</b> - Wheatlands Shiraz	<b>R170</b>
<b>Le Melange</b> - Award winning local handcrafted blend shiraz mour verde	<b>R195</b>
<b>Chardonnay</b> - Unwooded	<b>R140</b>
<b>Sauvignon Blanc</b>	<b>R140</b>
<b>Housewine Per Glass</b> - White / Red	<b>45</b>
<b>Beer</b> - Black Label / Castel / Castel Lite / Millers / Windhoek / Windhoek Lite	<b>R25</b>
<b>Craft Beer</b> - Ask your waitron about our Craft Beer on tap	<b>R39</b>
<b>Cider</b> - Savanna Dry / Savanna Lite / Flying Fish	<b>R30</b>
<b>Spirits</b> - Olof Berg Brandy / J&B Whiskey , London's Dry Gin <b>Single R25 / Double R40</b>	
<b>Corkage Fee</b> - <b>R55</b> Ask your waitron for additional selection of wines available	

**\*Frozen Take Away Meals - Ask Your Waitron About Our Range Of Meals**



### **Via's Operating Hours**

Mondays 08:00 - 16:00  
Tuesdays CLOSED  
Wednesdays - Saturdays 08:00 - 16:00  
Sundays 08:00 - 14:00

### **Are you looking for accommodation?**

Via's Stay offers 4 beautifully appointed  
suits which includes breakfast at Via's  
E-mail: [viasrooms@gmail.com](mailto:viasrooms@gmail.com) • [www.vias.co.za](http://www.vias.co.za)

### **Contact Details:**

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