



Carchele Health & Beauty Spa

ENTER A HAVEN OF PAMPERING AND SHEER INDULGENCE

Where time stands still...



We offer our guests the ultimate in luxury and results orientated therapy. Our skilled therapists will guide you in the selection of therapies most suited to reinstate balance and a sense of tranquility.

MENU AND PRICE LIST

CLIENTS ARE KINDLY REQUESTED TO READ THE FOLLOWING CONDITIONS APPLICABLE TO THE HEALTH AND BEAUTY SPA

Etiquette

The spa is a retreat for your body, mind, and soul. In consideration of other guests, we request that noise levels are kept to a minimum and that cellular phones are kept on silent for the duration of your spa visit.

Children are not allowed in the spa unless they are having a treatment and accompanied by an adult.

Reservations

Advanced booking prior to your arrival is recommended to secure your preferred date and time of treatment.

Arrival

Please arrive 10 minutes prior to your scheduled appointment.

Valuables

We recommend that no jewelry be worn to the spa.

The management and staff cannot accept any responsibility for the loss of money or valuables of any kind brought into the spa.

Refund Policy

All treatments, packages and any products bought are non-refundable.

Payment

We accept cash and all major credit cards. Regrettably cheques are not accepted.

All prices quoted are in Rand and are subject to change without prior notice

Group bookings

All group bookings (3 people or more) require a 50% deposit.

Cancellation policy

Any cancellation with less than 4 hours' notice will incur a 50% cancellation fee.

Gift vouchers available

SPA FACIAL CARE



Our skin care therapists are highly qualified and trained to provide the utmost in professionalism – each facial treatment is focused on achieving optimum skin health. All our treatments begin with a thorough consultation to assess your individual concerns and suggest the facial experience best suited to your skin type and needs.

We use only reputable and recognised professional skin care brands chosen for their excellence within the health and beauty field along with their ability to achieve the best possible results.

With each facial of 90 minutes or more, we pamper you from head to toe with our unique signature welcome touch, scalp, hand and foot massage.

BLACK PEARL

Black Pearl is a luxurious and innovative range of skin care products developed over the past 40 years. Rich in minerals and nourishing oils with cutting edge science the 27 minerals heal and regenerate the skin while Tahitian black pearl is rich in organic-matrix calcium carbonate.

24 Karat Gold facial 30 / 90 min R800 / 2800

The 24 Karat Gold facial is a rare experience. Crafted and developed to provide flawless perfection for the skin. The heroine of this indulgence is the Cleopatra 24 Karat Gold Mask. Pure and powerful 24 karat gold touches the skin igniting an anti-aging cascade and creating an incredible luminescence of the skin that lingers long after the treatment ends, as if the skin has renewed life and bringing a new sense of being.

Collagen architecture facial 30 / 90 min R600 / 1320

This lifting and plumping anti-ageing facial is the answer for any skin in need of a “youth injection”. The purest collagen of the highest quality is applied to the skin using a semi-precious stone facial massage for pure indulgence! The active ingredients in the products deliver outstanding results on wrinkles and other signs of ageing.

Thermal Mask 60 / 90 min R660 / 850

This innovative Thermal Mask is designed for deep skin cleansing while providing nourishment and improving skin tone. It contains a unique complex that integrates natural Dead Sea minerals with vitamins. The mask will give the skin a smooth, refined, supple look and natural glow. For dry and very dry skin

Ultimate luxury facial 60 / 90 min R620 / 800

The finest quality mineral mud is applied to the skin in order to create the ultimate in anti-ageing treatments. Rich in high concentrations of minerals and anti-oxidants, this facial experience uses a mineral stone to remove all traces of the mask.

Moisture fix facial 60 / 90min R620 / 800

A luxurious clay mask forms the cornerstone of this facial treatment, designed for tired and dehydrated skins in need and intensive moisture boost.

Problem skin 60 / 90 min R620 / 800

This facial is for those times when breakouts become problematic. The cooling, anti-inflammatory actives help with the problems of acne at any age.

Men only facial 60 / 90 min R620 / 800

A deep cleansing and detoxifying treatment designed for the male skin. This treatment leaves the skin mineralized, hydrated and with an improved immunity.



DECLEOR

Decleor Aroma-skincare combines the power of Aromatherapy with the benefits of plant therapy

Advanced facials

90 min

R900

Specifically formulated to combat the signs of ageing and improving of specific skin conditions.

Classic facial

30 / 60 / 90 min

R290 / 510 / 660

An essential facial tailored to meet your individual needs, offering options of rehydration, rebalancing, and firming, purifying or calming therapy for your skin.

Gents skin treatment

60 min

R510

A power clean for the face, removes impurities, the build- up of dead cells and excess oil, leaving the skin deep-down clean, fresh and healthy looking.

Optional add ons

R350

Ultimate renewal high performance de-stress eye wrinkle or puffy eyes treatment

These intensive eye treatments offer Marine Collagen and Elastin to counteract wrinkles and smooth fine lines, while strengthening and decongesting the delicate eye area.

HAND AND FOOT THERAPY



Some spa classics never go out of style... with our contemporary methods and professional products we know how to treat hands and feet.

Spa manicure including paraffin wax

R320

Gents manicure including paraffin wax

R270

Spa pedicure including paraffin wax and medi-heel

R400

Gents pedicure including paraffin wax and medi-heel

R320

Nail care for hands or feet or medi-heel

R220

Revarnish

R130

Paraffin wax treatment

R110

Shellac no smudging chipping or cracking long lasting gel polish

R300

French shellac

R330

Soak off and nail care

R270

Tinting

Eye lash tint	R160
Eye brow tint	R70
Lash and brow tint	R195
Eye brow shape	R80

Waxing

We use natural, high quality wax to ensure the most hygienic and effective method of hair removal

Full leg/back/chest	R350
Half leg/full arm/half chest	R250
Three-quarter leg/top of legs	R280
Lip/chin/brow	R80
Under arms/half arm/bikini low cut	R130
Bikini high cut	R190
Brazilian	R250
American	R280

SPA BODY CARE



Time in our Steam room is complimentary with any of our Spa Treatments.

Couples treatments

Dual treatments available in the same room, ask reception for details

DermaLife Spa Oceana

30 min

R380

The DermaLife Spa Oceana is a capsule with therapy program selections intended for detoxification, relaxation, rejuvenation and meditation. This blissful treatment is made up of numerous water jets, colour, vibrations and sensations, the ultimate experience of luxurious delight. Programmed to suit your needs, we strongly recommend that you try it for yourself!

Exfoliation including vichy shower in the DermaLife capsule

30 min

R300

Purifying back treatment

50 min

R480

Ideal for someone suffering from congestion on the back. Cleansing, exfoliation, steam and extractions, massage and mask.

Body wraps

60 min

R750

Wraps are ancient body treatments used to create specific states in the body, infused with high levels of active ingredients every wrap has a unique effect on the body's systems, drenching your body, leaving you feeling revitalized. All our wraps include exfoliation, a scalp massage and a vichy shower in the DermaLife capsule.

Detox, cellulite and slimming

A seaweed wrap to detoxify and remineralise the body effectively. As stress and toxins are eliminated, your entire body resurfaces cleansed and regenerated.

Soothing and moisturising

The ideal wrap to sooth your skin after sun exposure. Also the ideal to improve swollen legs and a sluggish lymph flow.

Energising, revitalizing, well-being wrap

Also known as the Sauna wrap, this warm soothing wrap is formulated to vanquish fatigue and stress. Numerous healing and nourishing minerals assist in relieving fatigue resulting in a re-energised and relaxed body.

SPA MASSAGE THERAPY



The therapeutic benefits of massage are endless – relaxation, blood circulation, lymph drainage, muscular relief and skin rejuvenation are all addressed with our massage treatments.

We offer half body, full body or back and neck massages.

Swedish	30 / 45 / 60 / 90 min	R360 / 460 / 530 / 730
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A world famous classic medium pressured massage soothes and relaxes tired, fatigued muscles. It stimulates and invigorates circulation and promotes a wonderful sense of well-being.

Deep tissue / sports massage	30 / 45 / 60 / 90 min	R450 / 520 / 620 / 780
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A deep penetrating massage, relieves deep underlying tension and sports-related aches and pains

Hot stone	30 / 45 / 60 / 90 min	R450 / 520 / 620 / 780
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Smooth, heated lava stones create a warm comforting sensation, deeply penetrating to melt away any tension and muscle stiffness

African Rungu	30 / 45 / 60 / 90 min	R450 / 520 / 620 / 780
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The Rungu chosen as an African massage tool is used to provide smooth, vigorous and stimulating massage movements in order to relieve stress. Great for a client who enjoys a deep pressure massage.

Aroma lymph drainage – Lilian Terry	30 / 45 / 60 / 90 min	R450 / 520 / 620 / 780
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Light pressured massage using the LT FlexiCups together with customized blends of essential oils specific needs and various health issues in the body can be addressed.

5 Star massage ★★★★★	90 min	R820
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Looking for something different? We combine the best movements from our Swedish, Aroma, Hot Stone, Cupping and Rungu to give you that 5 STARexperience.

Tranquility massage	90 min	R790
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Totally blissful body, face and scalp massage enhanced by the use of perfectly blended LT aroma oils.

Reflex foot zone therapy	40 min	R430
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This deeply relaxing deep pressure massage technique relieves stress, promotes relaxation, and increases blood circulation through stimulation of pressure points.

Indian head massage	45 min	R400
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Oriental massage techniques are used to free the head neck and shoulders of stress and bring about a deep sense of relaxation

Leg massage	30 min	R360
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An invigorating lower leg and foot massage leaves the feet refreshed, light and re-energized.

Foot massage	20 min	R240
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An all-time favorite! Relaxing and pain relieving.

Scalp massage	20 min	R240
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PACKAGES

Spa taster – ideal for the first time spa user 60 min R570
30 min back neck and shoulder massage 30 min facial.

Mother-to-be 1 Hr 20 min R650

- Scalp massage
- Back, neck and scalp massage
- Foot and leg massage

Deluxe mother to be spa 120 min R1080

- Dry skin brushing
- Hydrating and nourishing body wrap
- Scalp massage
- Back and neck massage
- Tired foot and leg massage
- Hand massage

His or hers spa 60 min R650 per person

- Back and neck scrub or wrap, depending on your individual needs
- Back and neck massage
- Scalp massage
- Foot massage

Essentially male spa 120 min R970

- Back massage
- Scalp massage
- Gents facial
- Foot massage

Relax spa 2 Hrs 30 min R1400

- Invigorating full body exfoliation
- Anti stress body wrap
- Vichy shower experience in the DermaLife capsule
- Facial in accordance to skin's needs
- Back, neck and shoulder massage

Teen spa 120 min R900

- Balancing Facial
- Teen Manicure
- Teen Pedicure

Aromaflex 120 min R1040

Combining aroma and reflex foot zone therapy, deeply relaxes mind, body and soul.

De-stress, anti-fatigue day spa 6 ½ Hrs R2800

If you've been experiencing stress and fatigue within your daily tasks and you're not catching up with life, then a half a day of pure pampering is what you receive in this popular package.

- Suitable for males and females
- Aromatic steam
- Full body salt exfoliation
- Cocooned in a body wrap to ease fatigue as you rest and enjoy a scalp massage
- 30 min Dermlife Spa Oceana experience to suite your needs
- Our relaxing massage followed by the
- Luxurious facial suited to your skin type
- Deluxe manicure and pedicure which includes a tension relief gel for your legs




This package includes a light lunch and soft drink to leave you rejuvenated with a sense of well-being.

OPENING HOURS

Monday to Sunday from 9:00 to 20:00

After 18:00 and on Sundays, by appointment only



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