

## COFFEE @ THE WELL

### MENU

#### WARM BEVERAGES

Almond/Oat milk alternatives available

Add R10 for cappuccino etc, R15 for lattes etc

#### TEAS

(Ceylon, Rooibos, Earl Grey, Green)

CBD INFUSED TEA	R 30
CEYLON TEA	R 25
ROOIBOS ESPRESSO	R 25
ROOIBOS CAPPUCCINO	R 35
ROOIBOS LATTE	R 35
FILTER COFFEE	R 25
FILTER COFFEE GRANDE	R 30
ESPRESSO	R 25
DOUBLE ESPRESSO	R 32
CORTADO	R 38
FILTER COFFEE DECAF	R 30
BABY CHINO	R 15
CAPPUCCINO	R 35
CAPPUCCINO DECAF	R 38
CAPPUCCINO GRANDE	R 40
CAFÉ LATTE	R 35
SALTED CARAMEL LATTE	R 40
CAFÉ LATTE DECAF	R 38
CHAI LATTE	R 40
AMERICANO	R 25
HOT CHOCOLATE	R 38
CAFÉ MOCHA	R 40
'THAT THING'	R 45
Our speciality hot choc with real choc & cream	
MILO	R 38
	R 38

#### COLD BEVERAGES

FRUIT JUICE SMALL	R 20
FRUIT JUICE LARGE	R 30
(Orange, Tropical, Apple)	
APPLE OR GRAPETIZER	R 30
MINERAL WATER (Still/Sparkling)	R 15
ICED TEA	R 25
SODAS	R 25
(Coke/Zero, Sprite/Zero, Fanta, Cream Soda, Stoney)	
CORDIALS	R35
(Lime, Passion Fruit)	
SODA FLOATS	R40
(Coke, Cream Soda)	

#### BREAKFAST

We offer a pork free option - Chicken`bacon`

Toast options: White/Brown/Ciabatta/Rye)

#### MAMA WHALE

R 70

1 Egg, 2 rashers of bacon, grilled tomato,  
1 sausage, small portion of chips & 1 slice toast

#### PAPA WHALE

R 85

2 Eggs, 2 rashers of bacon, grilled tomato,  
1 sausage, small portion of chips & 2 slices toast

#### THE WELL SIGNATURE BOERE BREKKIE

95

Mieliepap (Maize), Sheba (traditional tomato &  
onion sauce), 1 Boerewors (sausage) & 2 fried  
eggs, 2 rashers bacon

#### OMELETTE

R 75

2 Egg omelette with 3 fillings  
(Options: Bacon, mushroom, onion, tomato, olives,  
feta, cheese etc)

#### SAVOURY MINCE ON TOAST

R 80

2 Slices toast served with savoury mince  
(Extras: Eggs - add R 10 each)

#### THE CHIPPENDALE

R 70

Our own potato fries, topped with a rich cheese  
sauce & bacon bits)  
Extras: Egg/Jalapenos/Chakalaka - add R 10)

#### FRENCH TOAST

R 70

2 Slices french toast, 3 rashers of bacon & maple  
syrup

#### BANANA BREAD TOAST

R 60

2 Slices toasted banana bread topped with salted  
caramel & Cream or cream cheese & blueberry sauce

#### CROISSANT:

R 70

Fillings: Bacon & egg or Bacon & maple syrup,  
Nutella

ICED COFFEE	R 35
MILKSHAKE SMALL	R 30
MILKSHAKE LARGE	R 40
(Chocolate, Strawberry, Vanilla, Lime, Bubble Gum, Peanut Butter, Nutella, Coffee)	
SMOOTHIE SMALL	R 30
SMOOTHIE LARGE	R 40
(Berry, Tropical)	
POMEGRANATE SMOOTHIE SMALL	R 35
POMEGRANATE SMOOTHIE LARGE	R 45

#### MOCKTAILS

RHAPSODY IN BLUE	R 45
Lime & Blueberry tonic water, crushed ice)	
PRETTY CHEEKY PINK LADY	R 45
Raspberry, Orange juice & Cheeky Cranberry tonic water, crushed ice)	

#### CAKES

Ask your waitron for the cakes of the day: Chocolate, Bar One, Black Forest, Carrot, Orange, Cheesecake: Fudge/Strawberry topping)	R 50 p slice
Gluten free & Vegan options available occasionally according to demand	

#### SCONES

Ouma Kita's recipe	R 40
Served with butter, strawberry jam & cream or butter & cheese	
For butter, jam, cheese & cream - add R 10)	
SAVOURY SCONE	R 40
(Chicken (pork free) bacon, Onion & Tomato	
Served with butter & chese	

#### PANCAKES

2 PANCAKES WITH SAVOURY MINCE, CURRY MINCE OR CHICKEN MAYO FILLING	R 70
2 PANCAKES WITH BACON, MUSHROOM & CHEESE SAUCE	R 70
2 PANCAKES WITH CINNAMON-APPLE	R 45
2 PANCAKES WITH CINNAMON&SUGAR	R 35
2 PANCAKES WITH CARAMEL&BANANA	R 45
2 PANCAKES WITH ICE CREAM	R 45

#### JAFFLES

Fillings: Savoury Mince, Curry Mince, Chicken Mayo, Breakfast jaffle with Bacon, Egg & Caramalised onion	R 45
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#### FLAPJACK STACK:

With a Bacon & maple syrup filling/topping or Cream cheese & blueberry sauce/Nutella/Salted caramel	R 60
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#### TOAST WITH BOVRIL

Per slice	R 15
Served with butter & Bovril	

#### QUICHE

Our own mini quiches : 2 = 1 portion	R 65
Chicken bacon & mushroom or Spinach & feta	
Served with a small portion of chips or salad	

#### SPUDS

Baked potato - options for toppings:	R 70
Savoury mince or chicken mayo	
Vegetarion/Vegan options: Fried mushrooms, caramalised onion, peppadew etc	R 80

#### PLATE OF CHIPS

SMALL	R 30
MEDIUM	R 40
LARGE	R 50

#### KIDDIES

RUBBER DUCKY	R 30
Egg 'pancake' filled with cheese	
CRAZY TORTOISE	R 35
Scrambled eggs with a vienna	
STINGRAY FLAPPY	R 45
4 Flapjacks with Nutella or syrup & sweets	
SLOW TORTOISE	R 35
Egg & bacon	
SPONGEBOB BAKE	R 40
Mac & Cheese	
NEMO/CHICKY FINGERS	R 50
2 Fish fingers or 4 Chicken nuggets with a small portion of chips	
MOO-MOO IN THE MIDDLE	R 50
Kiddies burger served with a small portion of chips	
BUILD-A-PIZZA	R 50
Build your own pizza	

(And toasted sandwiches)

### TOASTED SANDWICHES

Bread options: Brown, White, Ciabatta, Rye  
Served with a small portion of chips or salad

CHEESE	R 45
CHEESE & TOMATO	R 50
HAM & CHEESE	R 50
HAM CHEESE & TOMATO	R 60
BACON & CHEESE	R 60
BACON EGG & CHEESE	R 65
BACON & BANANA	R 60
CHICKEN MAYO	R 60
MEDITERRANEAN	R 75

Our own olive bread with salami, olives, feta & cheese)

THE VEGETARIAN/VEGAN	R 85
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Your choice of bread with filling: Onion, Feta, mushrooms, peppadews, pepper etc

<u>OPEN SANDWICHES</u>	R 65
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Bread options: French loaf, Ciabatta, Rye, Olive (Toasted)

Topping options: Fried mushrooms, onion, tomato, peppadew, peppers, cheese, feta, cheese etc

### LUNCH

BURGERS - Served with chips

Made with our 100% beef patty	R 90
Double Burger (2 patties)	R 120
or our Vegetarian/Vegan patties	R 100

\*Ask your waitron for the special of the day  
(Cakes, lunch etc)

Extras: Egg, Mushroom, Peppadew, Cheese, Cream,  
Jam, Caramalised onion - Add R 12  
Mushroom/Cheese sauce R 25

\*Take away option available - we deliver in  
Kleinmond



Coffee @ the well  
Where community come together

Enjoy your meal  
@  
The Friend Factory

