



# Menu

## Hot Beverages

Filter Coffee	R18
Espresso	R15
Double Espresso	R22
Cappuccino	R22
Late	R22
Ricoffee	R8
Nescafe	R10
Ceylon / Rooibos tea	R12
Earl gray tea	R14
Hot Chocolate/Milo	R28

## Minerals

Minerals 440ml	R20
Cappy Juice 330ml	R20
Lipton Ice Tea 330ml	R22
Apple-/Grapetizers 330ml	R25
Still/Sparkling Water 500ml	R15
Pump water 750ml	R22
Powerade 500ml	R22

## Toasties

*White or Brown Bread*

Cheese	R22
Egg	R22
Cheese & Tomato	R28
Ham & Cheese	R33
Bacon	R35
Ham, Cheese & Tomato	R36
Chicken Mayo	R38
Cheezy Chicken Mayo	R45
Bacon & Egg	R38
Bacon & Cheese	R38
Bacon, Egg, Cheese	R45
Bacon, Egg, Cheese Tomato	R46
Dagwood	R105
<i>3 Toast, Cheese, Patty, Egg, Ham, 2 Bacon, Lettuce, Tomato</i>	

## Breakfast

Dinghy Breakfast	R45
<i>2 Egg, 2 Bacon, 2 Toast</i>	
Keelboat Breakfast	R59
<i>2 Egg, 2 Bacon, 1 Hash Brown, 2 Toast</i>	
Hobie Breakfast	R69
<i>2 Eggs, 2 Bacon, Pork Sausage, 2 Toast, Chips</i>	
Regmaker Breakfast	R85
<i>2 Eggs, 2 Bacon, Cheese, Chicken Patty Chips, 2 Toast</i>	
Sailors Breakfast	R95
<i>2 Eggs, 3 Bacon, 1 Pork Sausage, Chicken Patty, 2 Toast, Chips</i>	

## Starters

Cheezy Garlic Roll	R38
<i>Bun Smothered In Garlic Sauce And Melted Cheese</i>	
Creamy Garlic Mussels	R65
<i>8 Mussels In A Creamy-garlic Sauce With Toast</i>	
Creamy Garlic Snails	R70
<i>6 Snails In A Creamy-garlic Sauce With Toast</i>	
Jalapeno Poppers	R48
<i>3 crumbed Jalapeno's stuffed with Cream Cheese</i>	

## Fish

*Served With Chips, Salad Or ½ Chips ½ Salad (fried Only)*

Hake Fillet	R89
Calamari Main	R80
Hake & Calamari	R128
Sailors Basket	R139
<i>Crumbed Hake Bytes, 4 Mussels, Crumbed Calamari, 4 Prawns, Chips + Dip</i>	
Mussel Pot	R98
<i>450g Whole Mussels Served In Creamy-garlic Sauce with Bread</i>	

## Salads

Greek ✓	R55
Chicken	R69
<i>Greek Salad Topped With Grilled Chicken Pieces</i>	
Side Greek ✓	R28

# Single Burgers

100g Patty or Grilled Chicken, Cheese, chips or ½ chips ½ salad

- Burger - Beef or Chicken **R68**
- Cheese Burger - Beef or Chicken **R75**

# Gourmet Burger

130g Pattie or Grilled Chicken Fillet, chips or ½ chips ½ salad

- Cheezy Jalapeno Burger **R98**
- Cheezy Bacon Burger **R105**
- TSC Monster Burger **R125**  
*Patty, Grilled Chicken Breast, Bacon, Cheese, Lettuce, Tomato And Sauce Of Your Choice*
- Banting Burger (no buns) **R105**  
*Beef Or Chicken, 2 Bacon, Egg, Cheese, Mushrooms, Lettuce, Tomato, And Sweet Potato Chips Or Salad*

# Baskets/Combo's

Served with chips, salad or ½ chips ½ salad

- Bar Snack Basket **R76**  
*Chicken Strips, 2 Samosas, Calamari, Onion Rings*
- Fowl Play **R80**  
*200g Chicken strips*
- Riblets & Wing Basket **R125**  
*200g Chicken Wings, 300g Riblets*
- 300g Riblets & Calamari **R125**  
*300g Riblets & Crumbed Calamari*

# Schnitzels

Served With Chips, Salad Or ½ Chips ½ Salad

- Saucy Chicken **R99**
- Vegetarian Schnitzel **R89** ✓

# Wraps

- Chicken Wrap **R65**  
*Chicken Strips, Lettuce, Tomato, Sauce*

# Grills

Chips, Salad Or ½ Chips ½ Salad

- Sirloin Steak - 250g **R139**
- 350g **R179**
- Spare Ribs - 400g **R125**
- 600g **R165**

# Sides

- Chips - Small (200g) ✓ **R25**
- Med (300g) ✓ **R35**
- Large (450g) ✓ **R45**
- Sweet Potato Chips (200g) ✓ **R32**
- Sweet Potato Chips (300g) **R45**
- 1/2 Homemade Onion Ring Basket **R28**  
*Crispy Homemade onion rings served with dip*
- Homemade Onion Ring Basket **R40**  
*Crispy Homemade onion rings served with dip*

# Shakes/Waffles

- Ice Cream only **R25**
- Ice Cream & Choc Sauce **R30**
- Waffles & Ice cream **R45**  
*(Sauces: Chocolate, Passionfruit, Kiwi, Cherry, Blueberry, Strawberry, Honey, Syrup)*
- Milkshake Large **R30**  
*Choc, Banana, Strawberry, Lime, Vanilla,*
- Artisanal Shakes **R37**  
*Peanut Butter, Cookies & Cream, Coffee, Rum & Raisin, Salted Caramel,*

## **Kids b/Fast**

- 1 Egg, Toast, Chips **R28**
- 1 Egg, 2 Bacon, Toast, Chips **R39**
- 1 Egg, 2 Chicken Nuggets, Chips **R39**

## **Kids Main**

- Cocktail Viennas & Chips **R38**
- Kids Burger, Chips **R55**
- Kids Chicken Burger, Chips **R48**
- Chicky Basket, Chips 2 Chic fingers, 2 nuggets **R45**
- Kids Fowl Play, Chips strips + chips **R45**
- Kids Ribs, Chips **R68**

**The Galley**

Fri 15:00 - 21:30  
Sat 08:00 - 21:30  
Sun 08:00 - 15:30



**Bar**

Fri 14:00 - 24:00  
Sat 11:00 - 24:00  
Sun 11:00 - 18:30

**Theewater Sports Club**