



**BERNINA**  
Overberg

*Learn to*  
**Quilt**  
c o u r s e

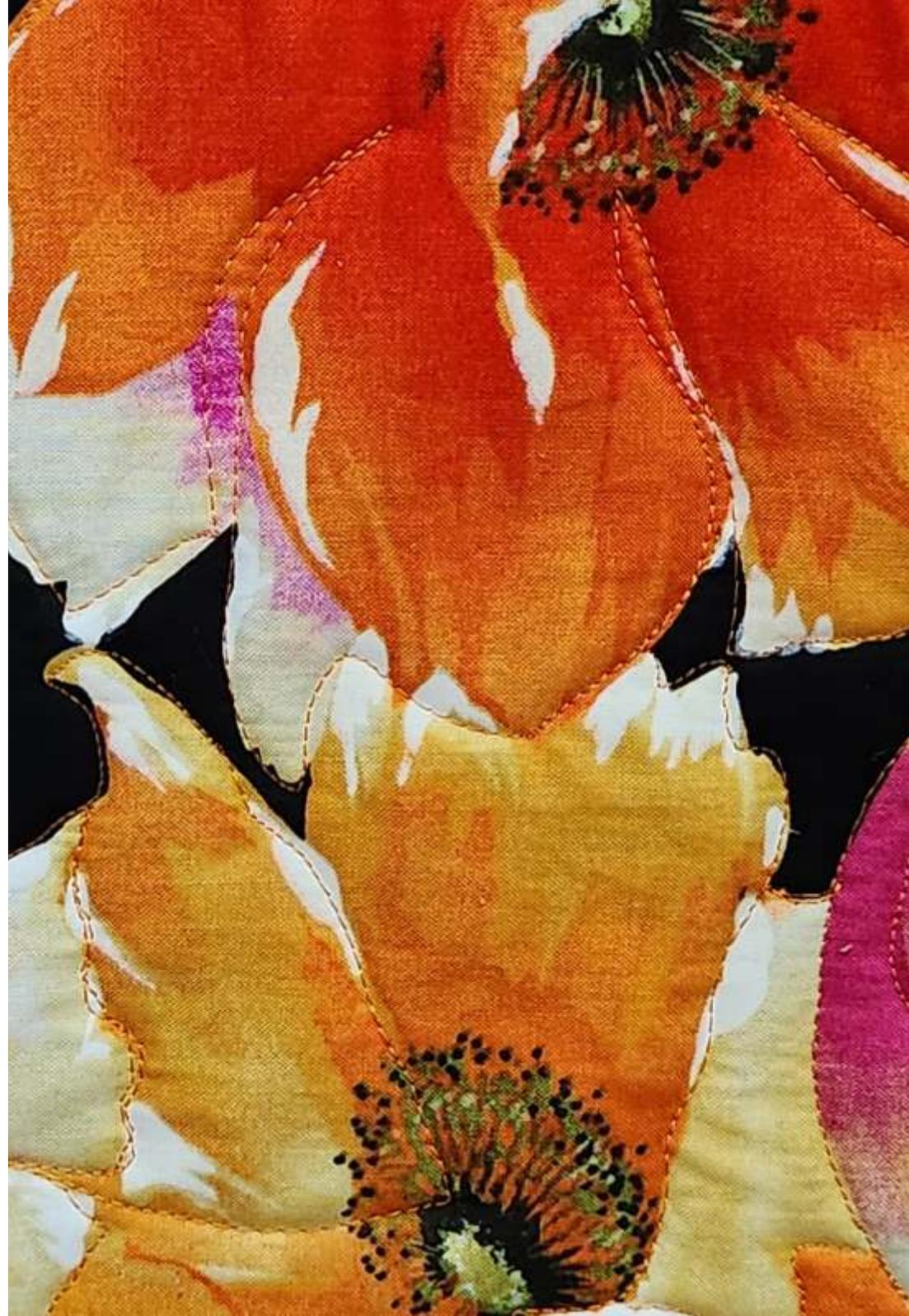
# Embark on a creative journey that will introduce you to the timeless craft of quilting!

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Join us for  
a 6-week course  
where you will discover

the basics of quilting,  
and gain  
hands-on experience  
with your sewing machine  
& quilting tools.

Credit: Bettie van Zyl



# Overview

Bernina Overberg courses and workshops aim to develop **your** individual creativity.

Whether you're looking to learn the basics, or develop existing skills, our courses allow you to express yourself, experiment and really push your own creative boundaries.

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## This patchwork and quilting course is perfect for beginners.

Imagine yourself in a structured, yet relaxed environment where you can learn the fundamentals of quilting!

We start with a 2 hour information session, followed by a weekly 3-hour morning class stretching over 6 weeks.



# Course Delivery

During the information session, we'll cover the basics of fabric types and tools, setting the foundation for 6 projects you'll be making over the following 6 weeks.

Subsequent classes will cover cutting techniques, piecing patterns, and assembling your quilt top from the 6 projects you made.

As we progress, you'll learn about quilting sandwiches, basting, and finally, finishing touches like binding and stitching.

**By the end of the course, you will be the proud owner of your very own quilt!**

Throughout the course, you will be provided and work through a written and illustrated course handbook which includes every technique covered during the course.

Your course instructor is Hester Engelbrecht who has over 40 years experience in patchwork and quilting.





# Modules

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## Information session

*During this 2-hour information session, you will gain essential knowledge on fabric types and selection, familiarize themselves with fundamental quilting tools, and lay the groundwork for your upcoming quilting projects.*

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## Module 1

### **Crazy quilting**

*You begin by exploring the whimsical art of crazy quilting, learning how to piece together eclectic fabric scraps with imaginative stitches to create vibrant, one-of-a-kind quilted masterpieces.*

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# Modules

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## Module 2: Basic Piecing

### Strip Piecing

*Then you will discover how to master the art of strip piecing to effortlessly create charming 4-patch and 9-patch quilt blocks, focusing on efficiency and precision for stunning results.*

### Rail Fence Piecing

*Navigating further through the piecing techniques module, you will learn the classic rail fence quilting technique, focusing on creating dynamic patterns through simple strip piecing and mastering colour placement for eye-catching designs.*



# Modules

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## Module 3: Speed Piecing

### 1/2 & 1/4 Square Triangle Piecing

*Following the piecing techniques module, you will then dive into the world of speed quilting during, where you'll master both half-square and quarter-square triangle techniques! You will learn how to swiftly create stunning quilt designs in a fraction of the time, so you can spend less time sewing and more time showcasing your beautiful creations.*

### Dutchman's Puzzle & Ohio Star

*Also, transform your 1/2 & 1/4 triangle piecing by sewing it into two different strategic layouts to quickly create intricate, interlocking geometric patterns, perfect for adding visual interest to your quilts.*



# Modules

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## Module 4: Paper Piecing

### Log Cabin

*The dynamic world of paper piecing follows, where you will acquire the skill of the famous log cabin method. Find out how to arrange strips of fabric in a sequential pattern around a central square, creating a cozy, geometric design that can be assembled in various layouts for a unique look.*

### Country Cottage

*During this model, you will also gain insights into the country cottage quilting technique, combining rustic, homespun fabrics with patchwork designs to create charming, cozy quilts that evoke the warmth and simplicity of countryside living.*



Credit: Hester Engelbrecht

# Modules

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## Module 5: Sashing & Borders

*During this module, you'll discover how to elevate your quilt by incorporating sashing and borders, adding both structure and visual appeal.*

*You'll also practice cutting and sewing techniques that will give your projects a polished and professional finish.*



# Modules

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## Module 6: Finishing Your Quilt

The final module at this beginner level takes you through how to compile all of the work that you have completed by sandwiching and binding your quilt.

### At the end of the course, you will have:

- ✓ a comprehensive design folio,
- ✓ a sample folio containing samples of the different traditional and contemporary techniques,
- ✓ one finished item/piece which can be either a panel, hanging, quilt or a wearable art item or garment, and
- ✓ the design work and planning for this item which demonstrates progression of your quilting techniques.



# Price

## Cost

The cost for the 6-week course, plus information session is **R2,180** (incl VAT) per person.

*Please note that Creative Notions works on a strict payment before attendance and no exceptions will be granted.*

Should you prefer, you can also do individual models as an individual class at R450 per hour (incl VAT).

Beginner's Patchwork & Quilting Course | Bernina Overberg

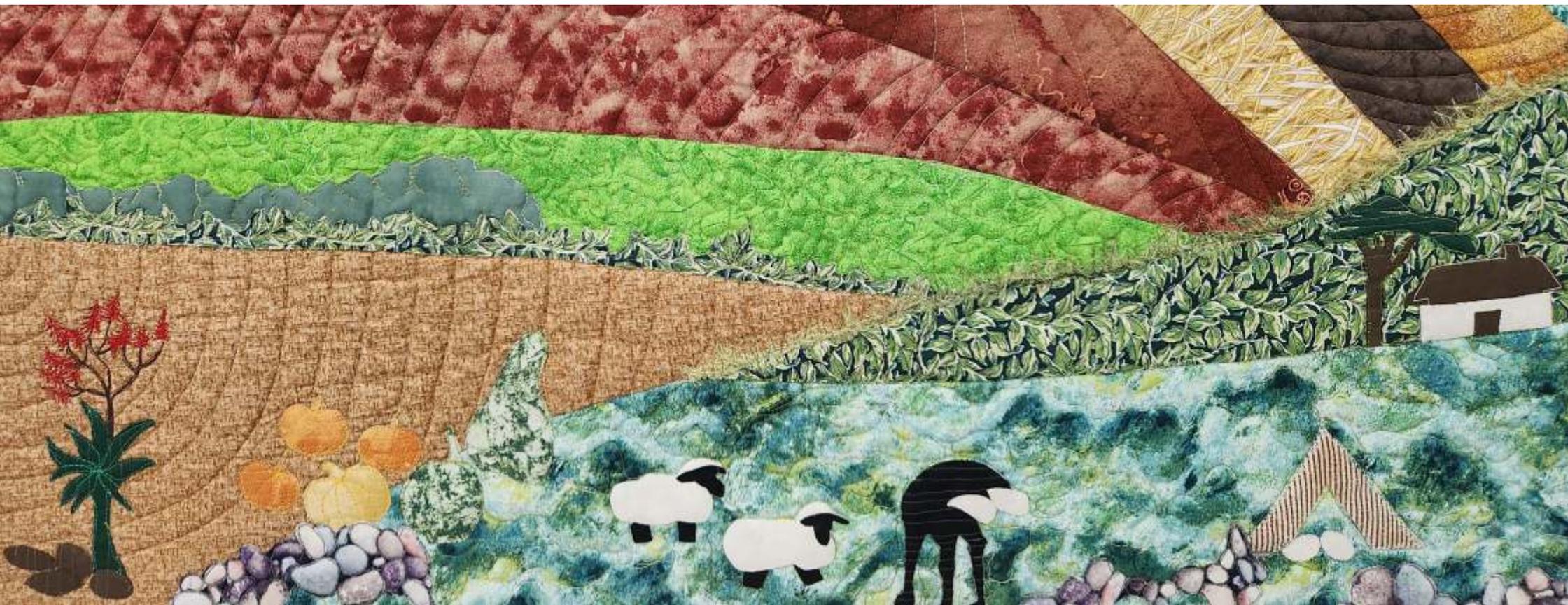
## What's Included

Every student will receive a file of notes of every technique as well as additional notes.

## Payment

To book, please contact us at 021 773 0145 (Hermanus), or Whatsapp us at 072 987 2512. We will send you banking details for an EFT transfer. Alternatively, you are welcome to make payment in store via cash or card.

**Credit: Bettie van Zyl**



# What You Need

For each class you would need to bring the following:

- ✓ Your own sewing machine
- ✓ ¼" quilting pressure foot
- ✓ Walking foot
  
- ✓ ½m each of 6 various colours quilting fabric
- ✓ 2m of batting
- ✓ 2m of backing
- ✓ Matching thread
  
- ✓ A3 cutting board
- ✓ Rotary cutter
- ✓ Small quilting ruler (1x12")
- ✓ Square 6.6 x 6.5" patchwork ruler
- ✓ Small binding clips
- ✓ Quilting pins
  
- ✓ Pen & notepad



Credit: Leonie van der Mescht

# Starter Kit

**For beginners who don't have all the quilting tools yet, we have a quilting starter kit available.**

These tools are a REQUIREMENT for this course. The quilting starter kit contains the following:

- ✓ A3 cutting board
- ✓ Rotary cutter
- ✓ Small quilting ruler (1x12")

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- ✓ Square 6.6x6.5" patchwork ruler
- ✓ Small binding clips
- ✓ Quilting pins

The kit is available from us at a special rate of R475 incl VAT (20% discount from normal price).

Individual items, as well as quilting fabric, sewing machines, and feet can also be purchased from us.

**Credit: Hester Engelbrecht**



# Recommended Tools

**Though not a requirement, for ease of work, the following quilting tools are recommended:**

## Rulers

- ✓ 24 x 6.5" quilting & patchwork ruler
- ✓ 12 x 6.5" patchwork ruler
- ✓ 12.5 x 12.5" quilting & patchwork square ruler
- ✓ 580 x 430mm cutting board

## Clips

- ✓ Quilters roll clips
- ✓ Quilters holding clips - Large (15pcs)

## Other Items

- ✓ Tape measure for fabric (3m)

- ✓ Non-slip fabric grips
- ✓ Quilting gloves
- ✓ Quilting ruler handle
- ✓ A2 sewing cutting mat (580x430mm)
- ✓ Temporary adhesive spray



# Amplify Your New Craft

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Make sure your sewing machine ensures precision stitching, handles multiple layers effortlessly, and offers advanced features in order to make your quilting projects easier and more enjoyable.

**Speak to Louis or Hester to discuss options that suit your budget and need.**



Bernette Chicago  
R14,000 - R16,000



Bernette B77  
R36,000 - R55,000



Bernette B38  
R20,000 - R25,000



Bernina 4 Series  
R40,000 - R55,000



Bernina 5 Series  
R90,000 - R117,000



Bernina 7 Series  
R125,000 - R217,000

# **BERNINA**

## **Overberg**

Shop 2  
The Village Hemel-en-Aarde  
Cnr R43 & R320  
Sandbaai  
Hermanus, Western Cape

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